

Las causas de la diversidad: Genética y epigenética

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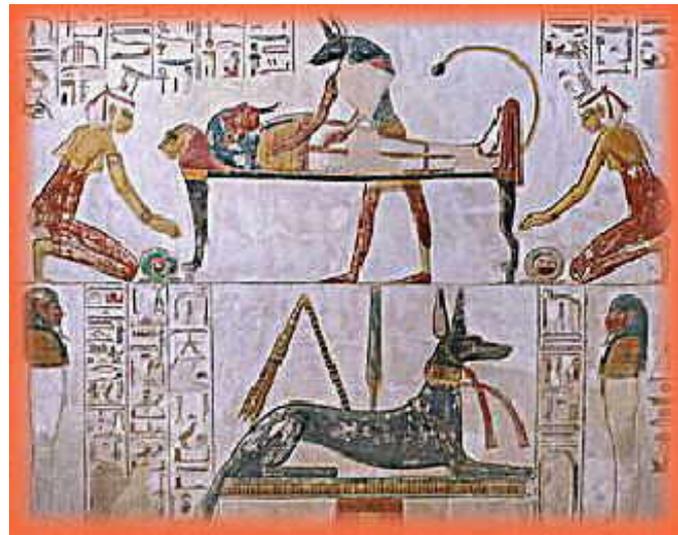




Somos genes y ambiente. El ambiente y las circunstancias también condicionan lo que somos

Tanto genes como ambiente no son sempre favorables

Lo primero que permite la ciencia es entender las causas de lo que pasa y no atribuirlos a fenómenos supranaturales



Momia de Siptah

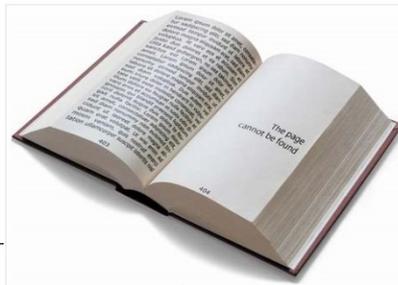


4500 millones de años



4000 millones de anos

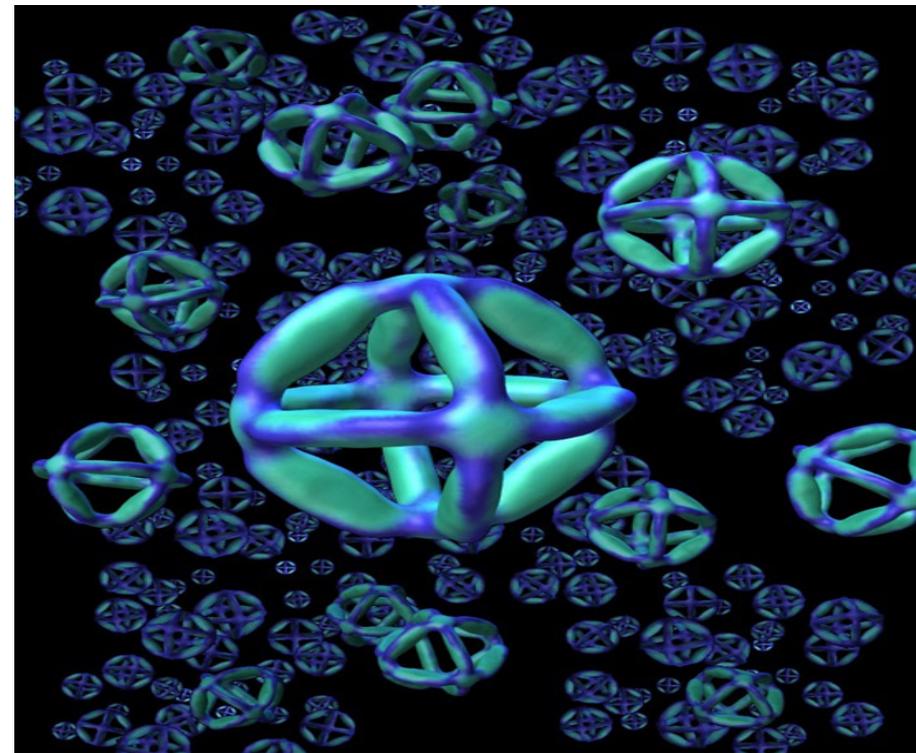
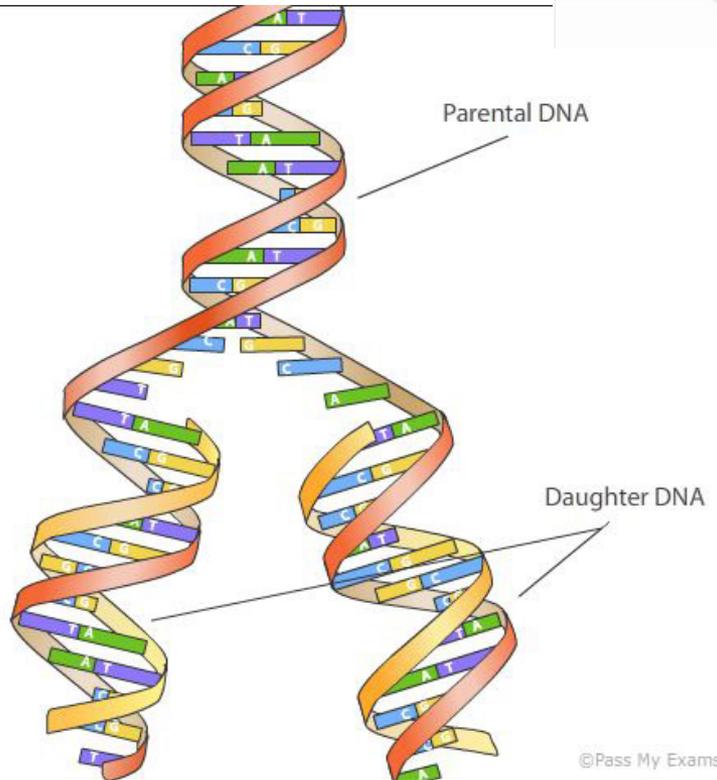




ATCG

TAT ATC CCG ATC TGG ...

3,300 millones de pares de bases



TAT ACT GCG TCG GAT GCT GCG ATT GCT GAC CAA CAT CGT GAC AGT TAG ACA AAC
GAT TGA CTG TTA GGA TTG ACCA CCA ATT ACG ATG ACG TTG GAC ... $3,3 \times 10^9$



MUTACIONES

AGC CAA TGG CAG TGA TGG
ATG GTA GCT GAG TGC TGG....

Silent mutation

Missense mutation

Nonsense mutation

TGT → TGC

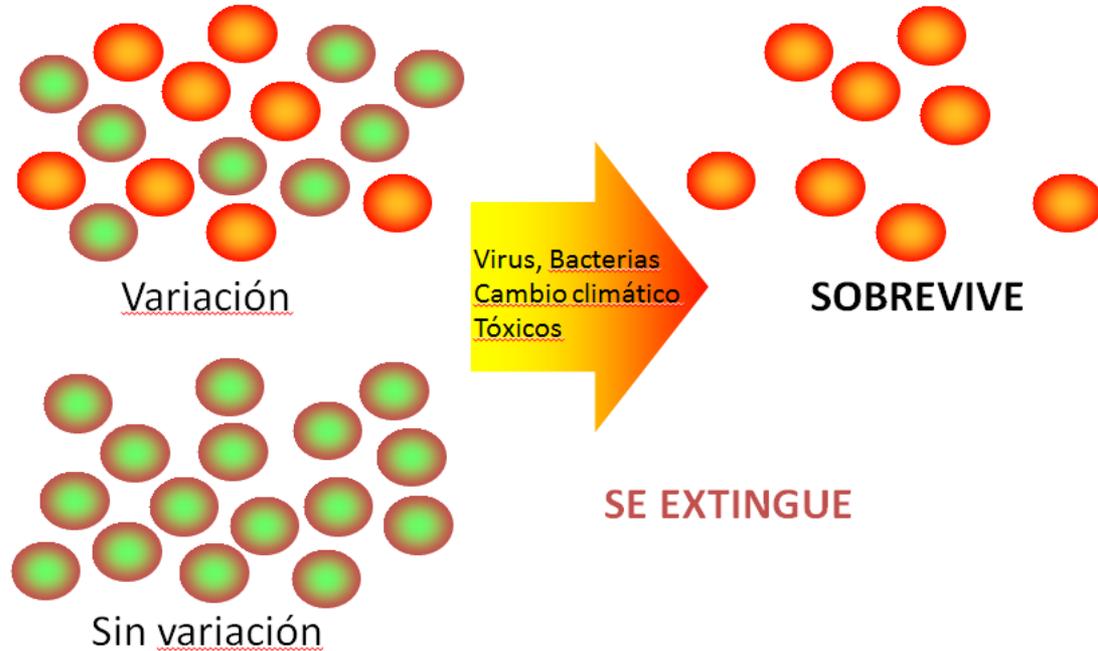
TGT → TGG

TGT → TGA

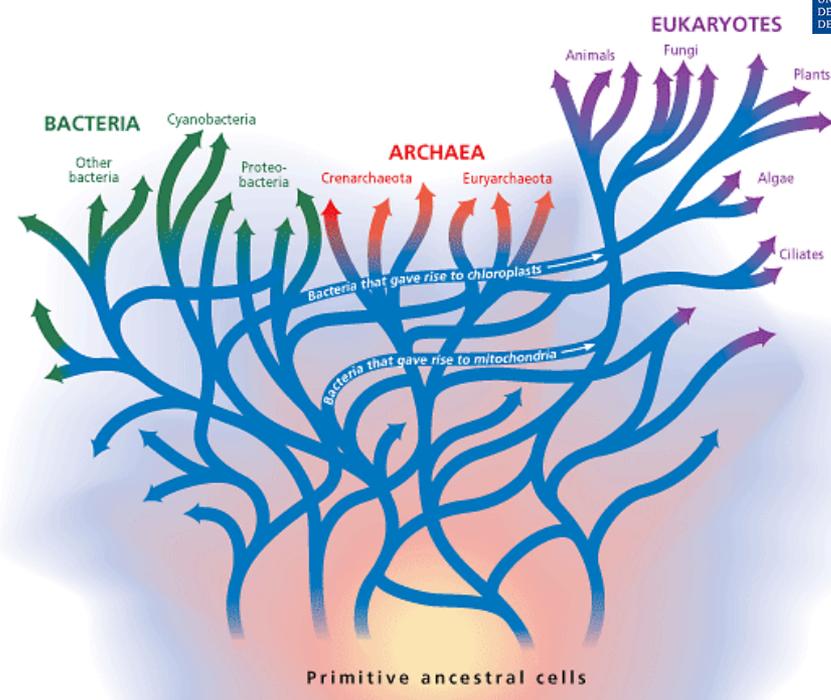
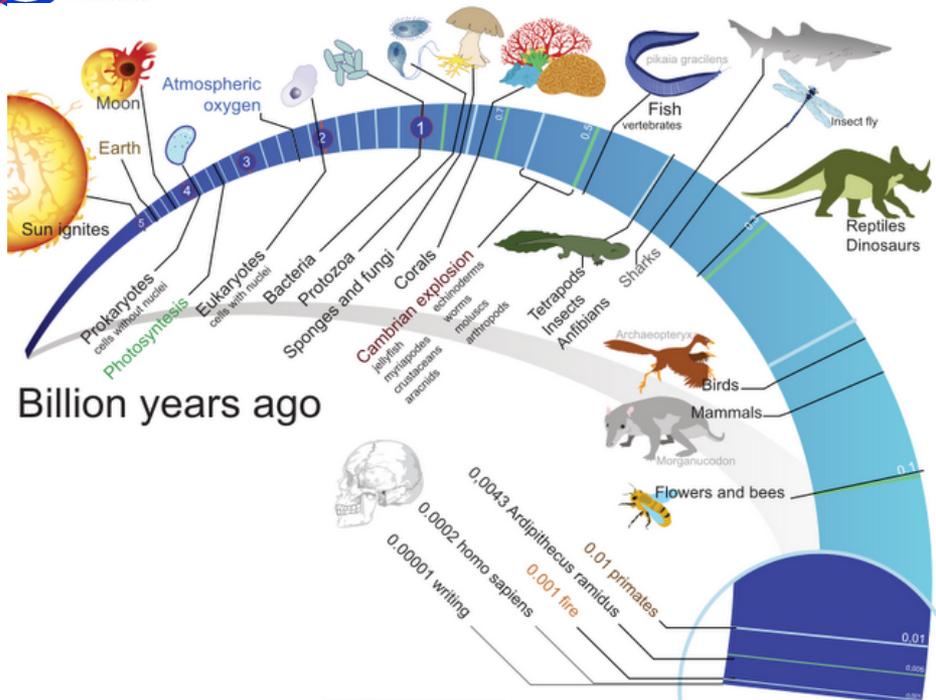
Cys → Cys

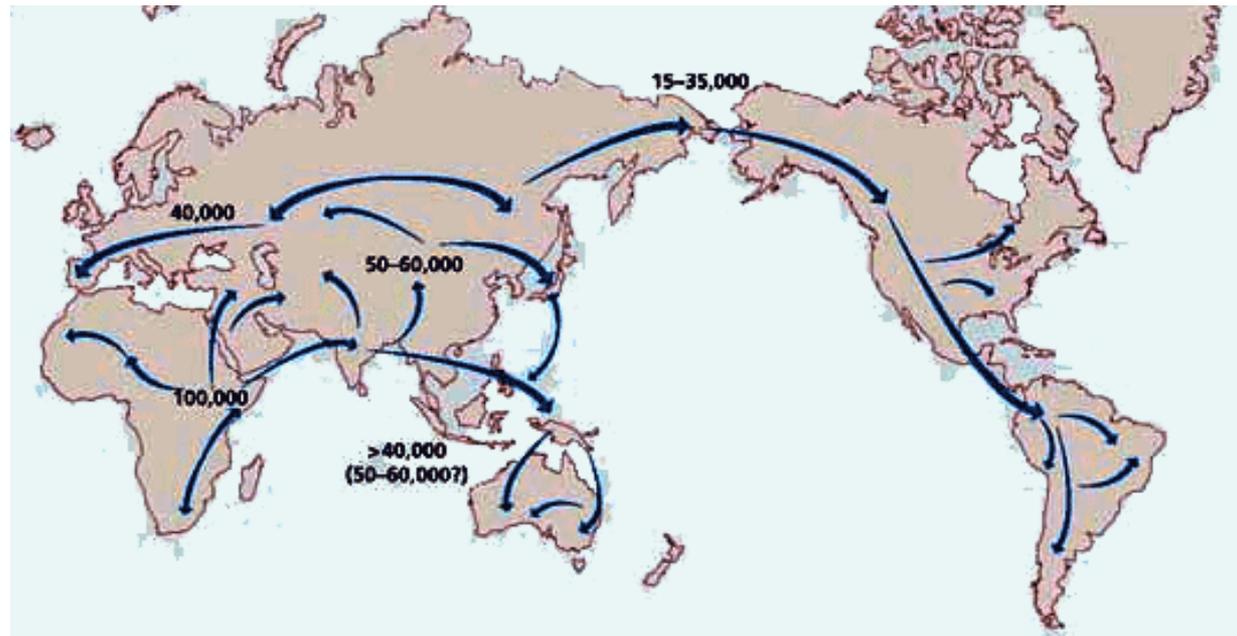
Cys → Trp

Cys → Stop

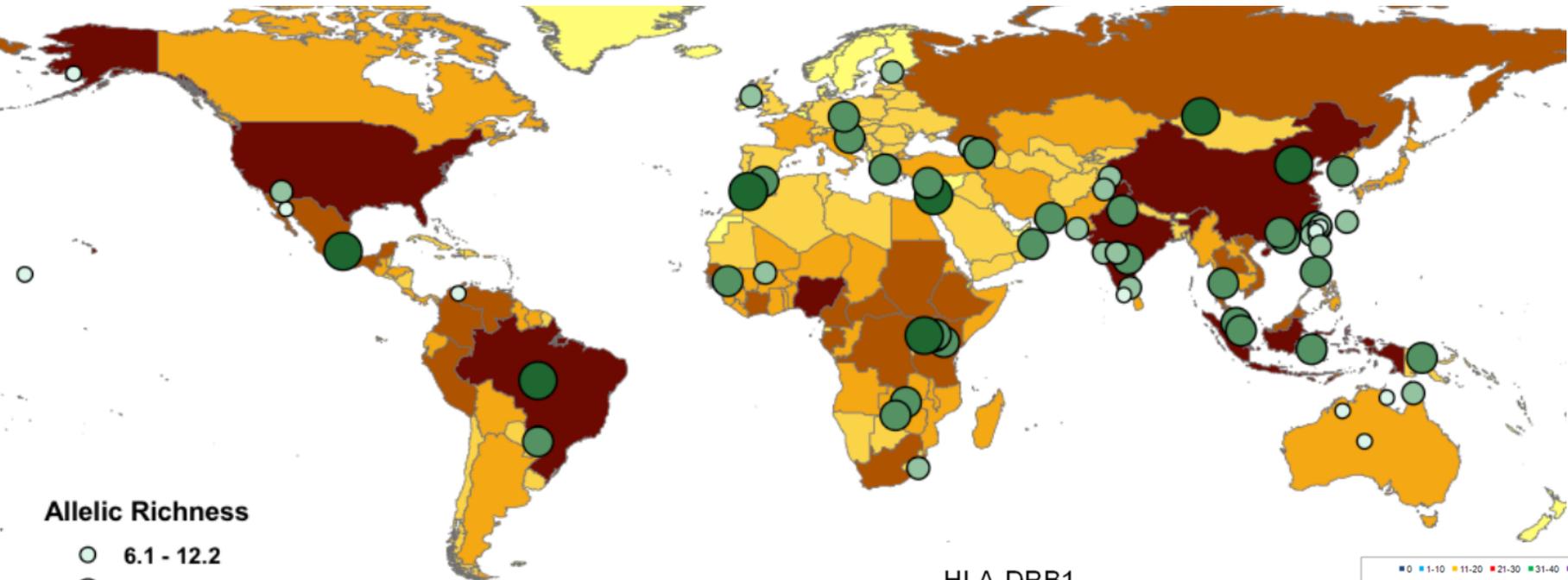


CON ESE SOL HAY MAS LUZ
CON ESA SAL HAY MAS LUZ
ONE SES OLH AYM ASL UZ

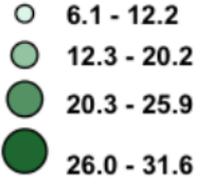




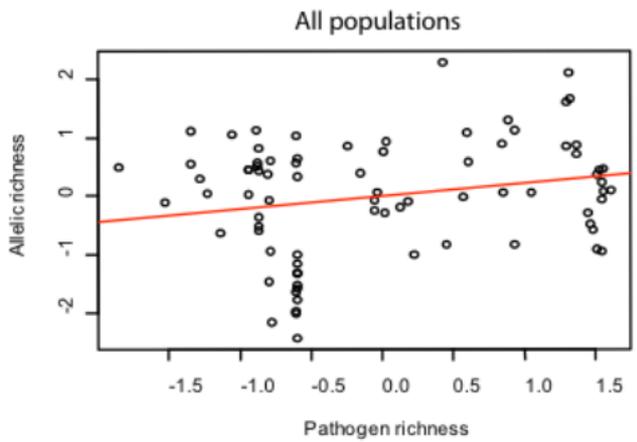
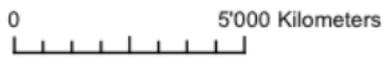
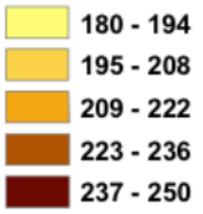
Diversidad de HLA y riqueza de patógenos



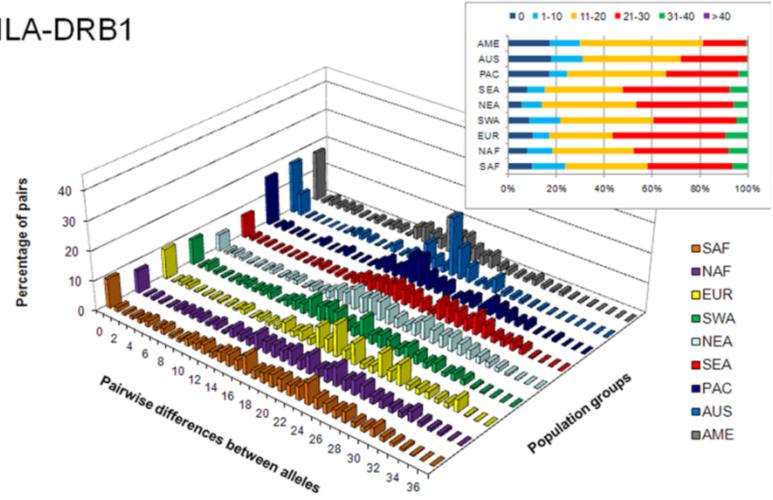
Allelic Richness

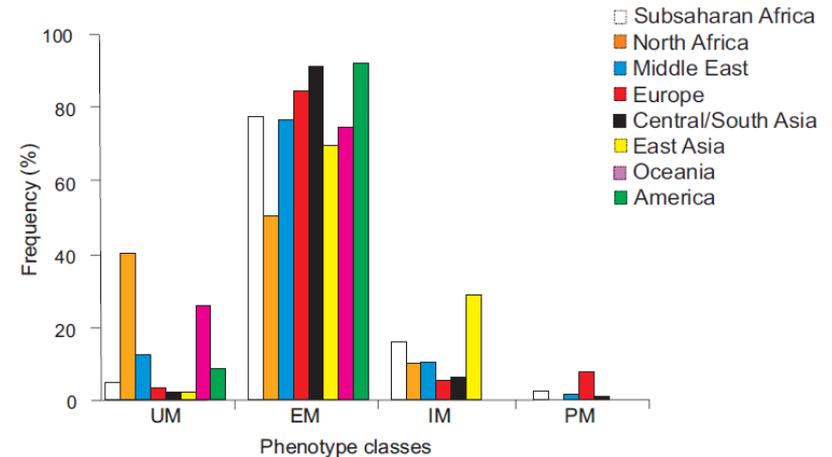
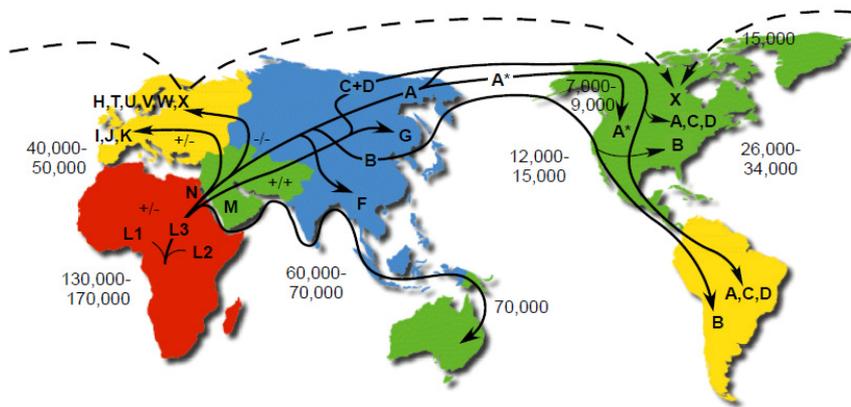


Pathogen Richness



HLA-DRB1





UM High freq North Africa/Saudi Arabia/ Medium East

40% UM

Mozabites 40% UM CYP2D6

Decreased-function variants *CYP2D6*10*, *CYP2D6*17*, and *CYP2D6*41* are common in Asian, African, and Western Asian populations
Null function variant *CYP2D6*4* is common in European populations.



EPIGENÉTICA: COMO EL AMBIENTE INFLUYE EN LOS GENES

SAL CON ESE./
HAY MAS LUZ!!!

Methyl tags usually turn genes off

Methyl tags are added to a cytosine at the sequence CG

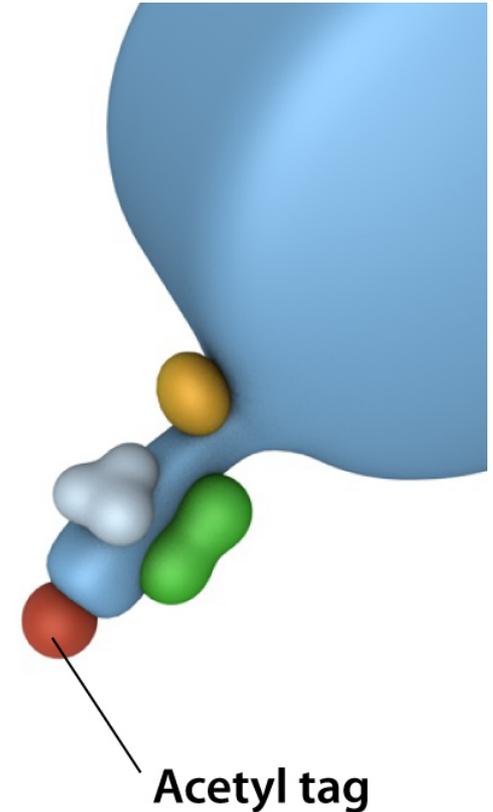
They silence genes by:

- Blocking transcription machinery from binding to DNA
- Recruiting proteins that bind to methylated DNA, which then block transcription machinery from binding

Methyl tags



Acetyl tag



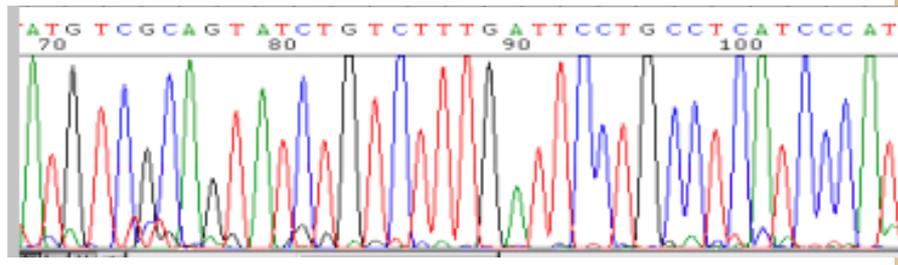
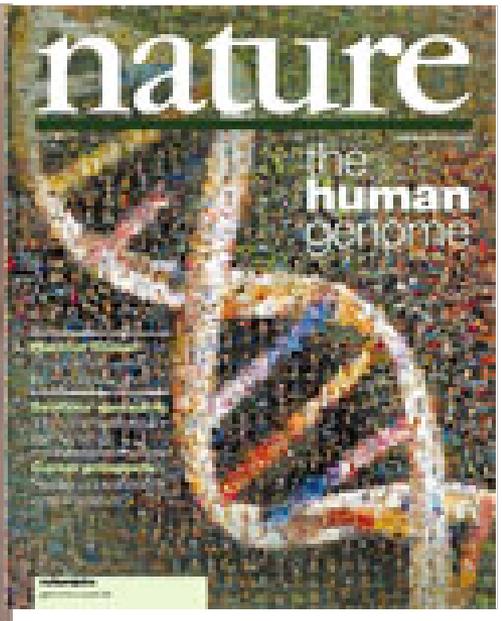
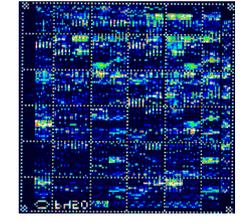
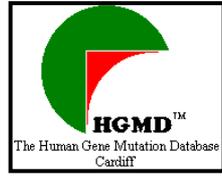
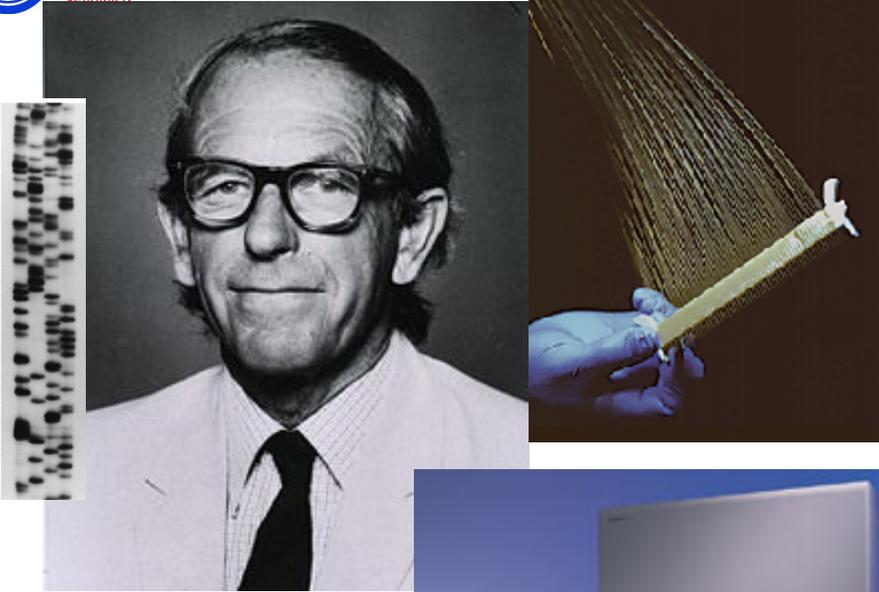
Heredabilidad: Varianza genética en el total
de la varianza genética más ambiental

Cáncer de colon: 35%

Cáncer de mama: 28%

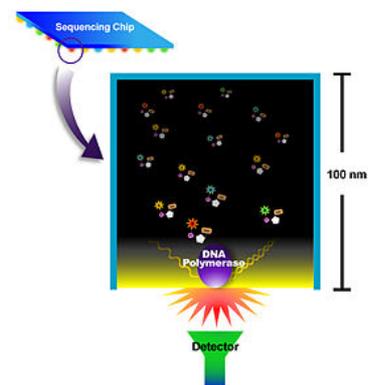
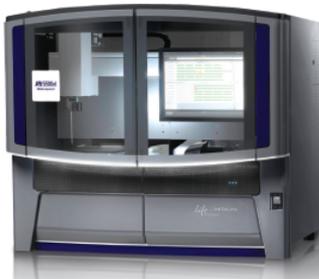
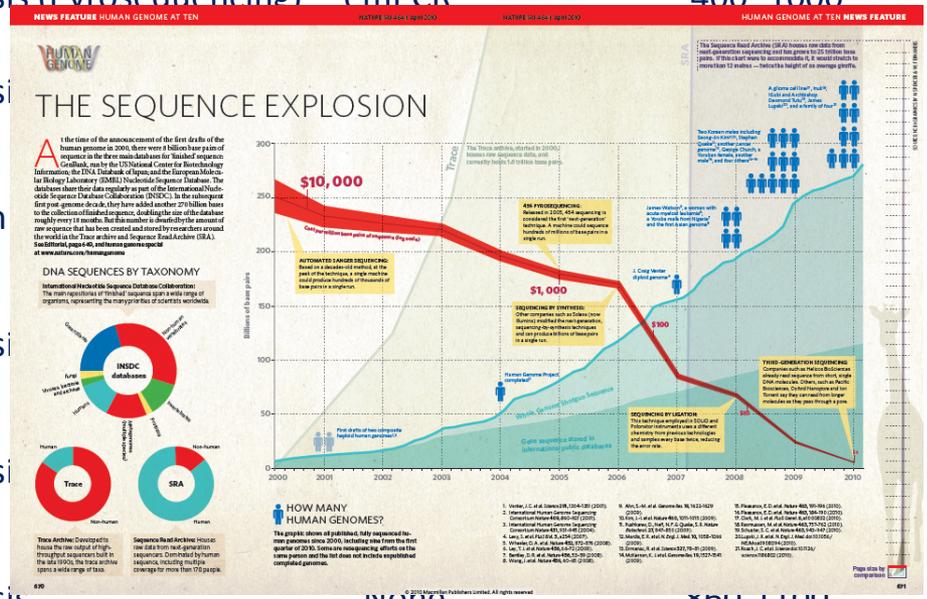
Esquizofrenia: 82%

Autismo: 85%



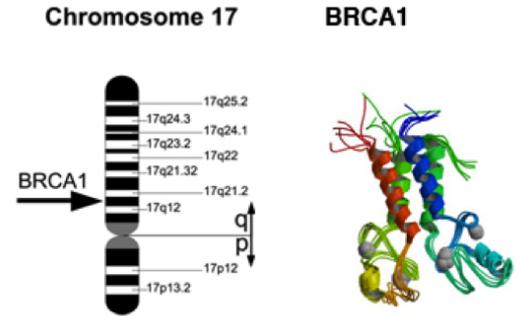
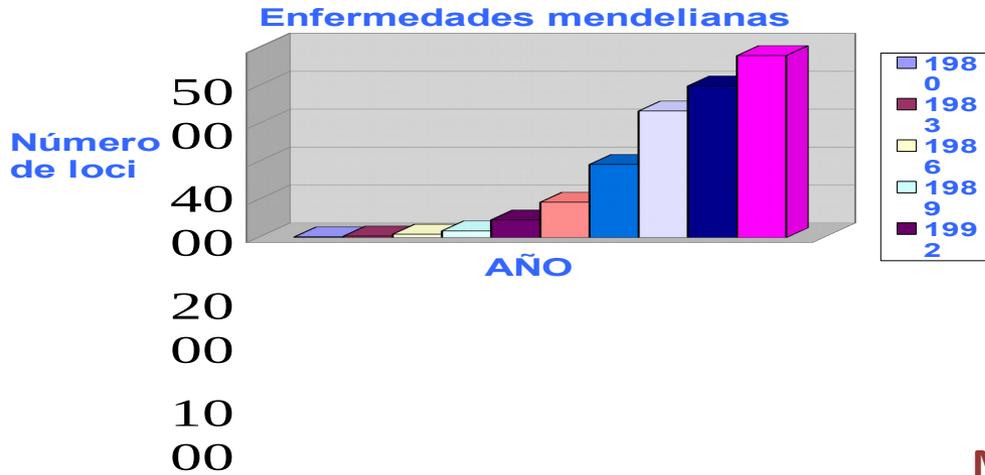
Next-Generation Sequencing Technologies

Technology	Sequencing method	Amplification method	Read length (bp)	Throughput (Mb/run)
454	Synthesis (Pyrosequencing)	emPCR	400-1000	50-500-900
Illumina	Synthesis			1020-600000
SOLID	Ligation			100000-180000
HeliScope	Synthesis			28000
Ion Torrent	Synthesis			10-100-1000
PacBio	Synthesis	none	800-1100	

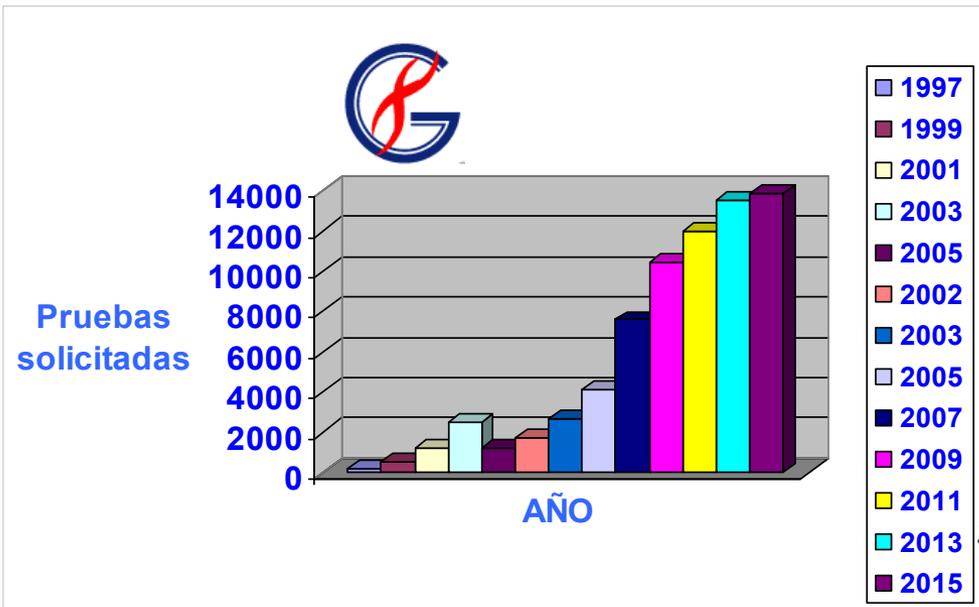


Single DNA Molecule Technologies

Fundación
Galega de
Medicina
Xenómica
SERGAS



Mutación de splicing “galega”:
c.330A>G; Arg71Gly del gen
BRCA1

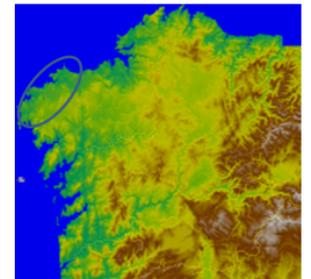
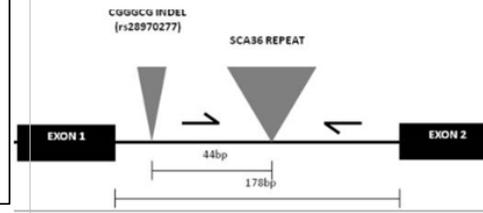


Brain. May 2012; 135(5): 1423–1435.
Published online Apr 3, 2012. doi: 10.1093/brain/aww069

PMCID: PMC3338928

‘Costa da Morte’ ataxia is spinocerebellar ataxia 36: clinical and genetic characterization

[María García-Murias](#),^{1,2,*} [Beatriz Quintáns](#),^{3,4,*} [Manuel Arias](#),^{5,*} [Ana I. Seixas](#),⁶ [Pilar Cacheiro](#),² [Rosa Tarrío](#),^{2,4} [Julio Pardo](#),⁵ [María J. Millán](#),¹ [Susana Arias-Rivas](#),⁵ [Patricia Blanco-Arias](#),^{1,4} [Dolores Dapena](#),⁵ [Ramón Moreira](#),⁷ [Francisco Rodríguez-Trelles](#),⁸ [Jorge Sequeiros](#),^{6,9} [Ángel Carracedo](#),^{1,2,4} [Isabel Silveira](#),⁶ and [María J. Sobrido](#)^{1,4}



Analysis of variation

Somatic mutations

- Occur in nongermline tissues
- Are nonheritable

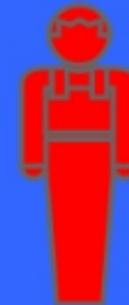


Nonheritable

Somatic mutation
(e.g., breast)

Germline mutations

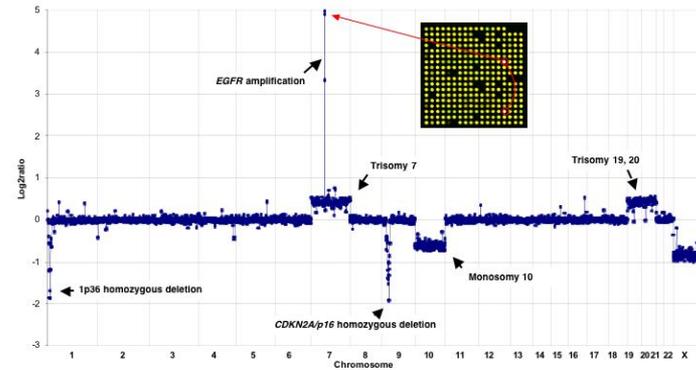
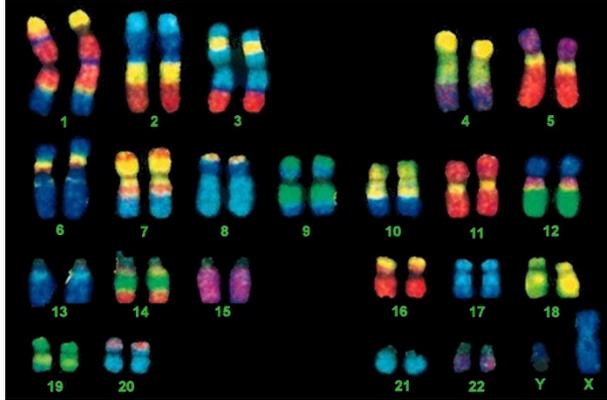
- Present in egg or sperm
- Are heritable
- Cause cancer family syndrome



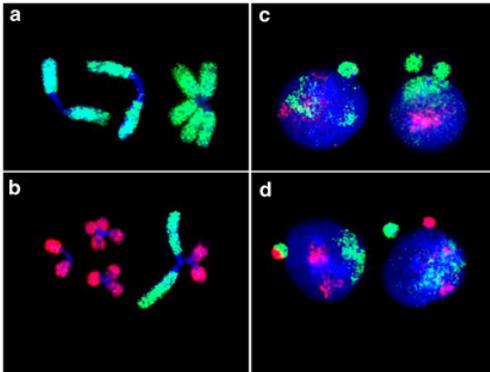
Mutation in
egg or sperm

All cells
affected in
offspring

Cromosopatías y defectos estructurales

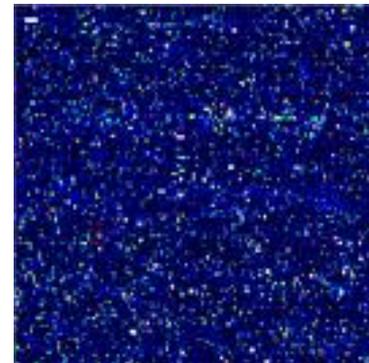


Cariotipo



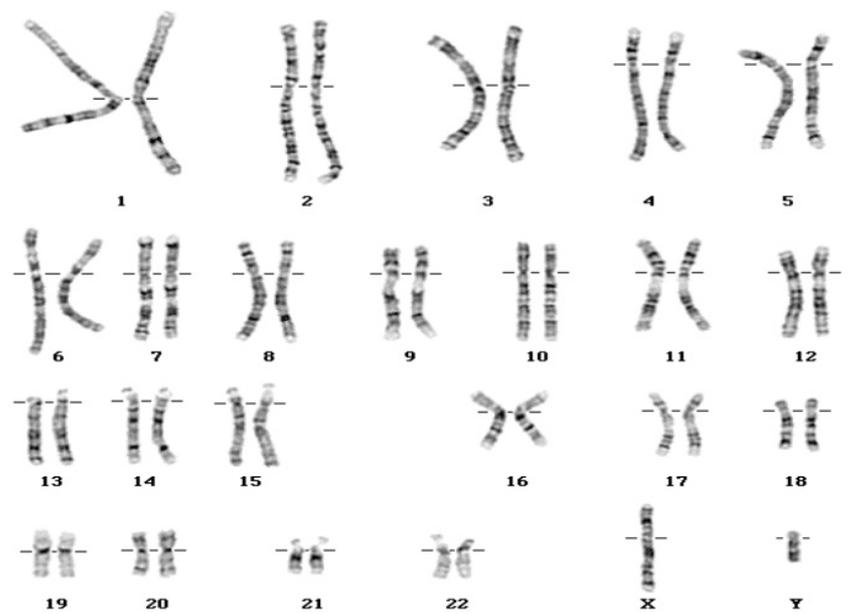
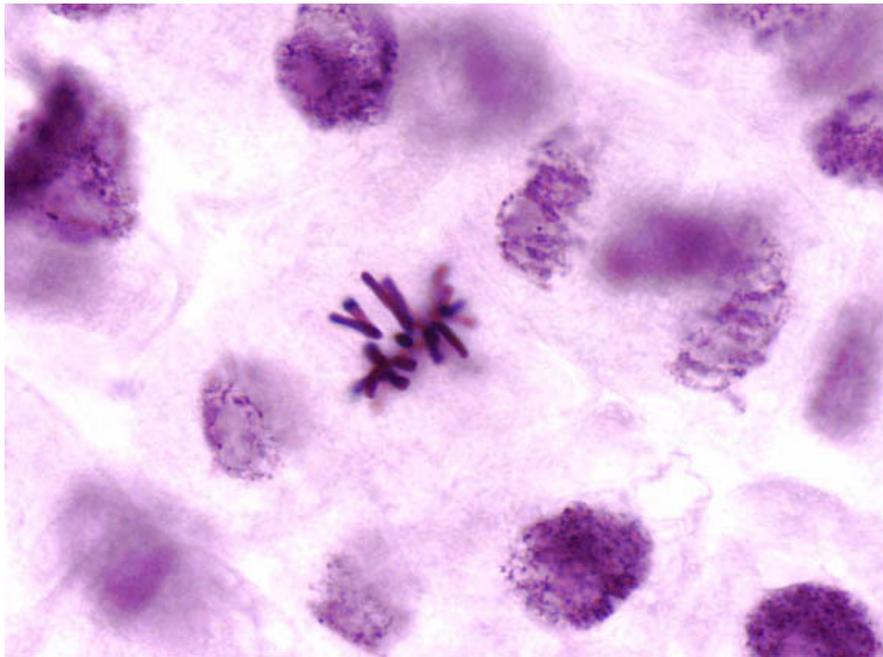
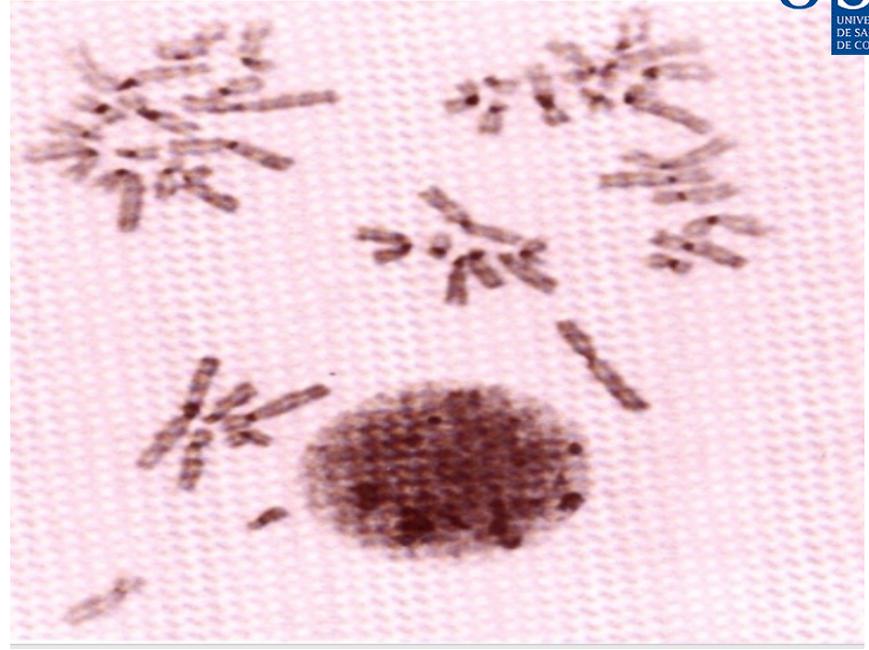
PCR

Arrays de CGH (Hibridación genómica comparada)

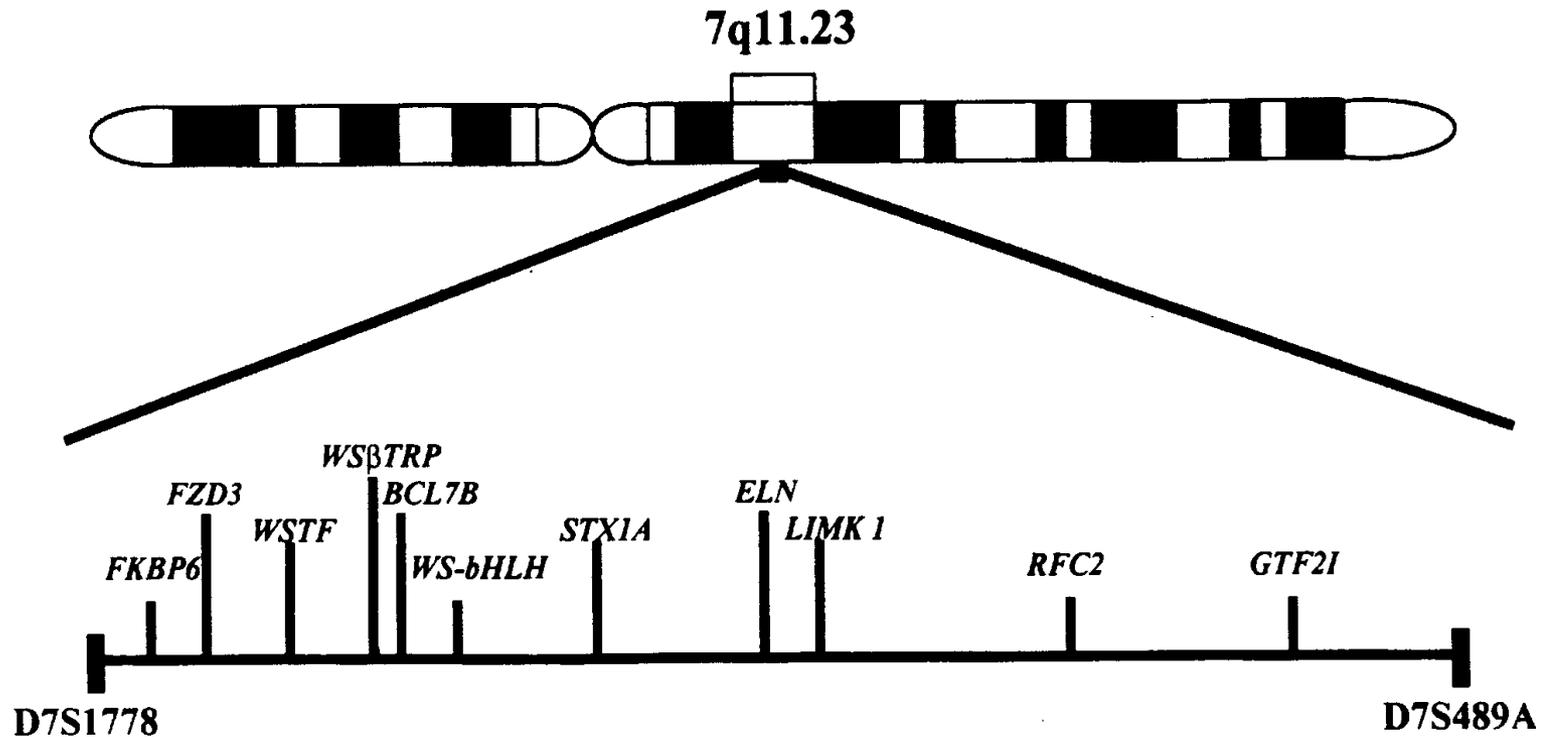


FISH Hibridación fluorescente in situ

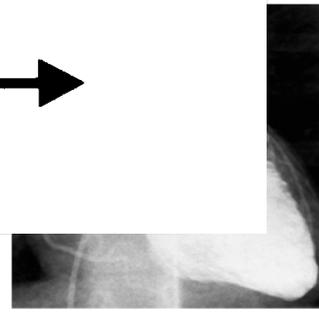
Microarrays de SNPs y sondas para CNVs

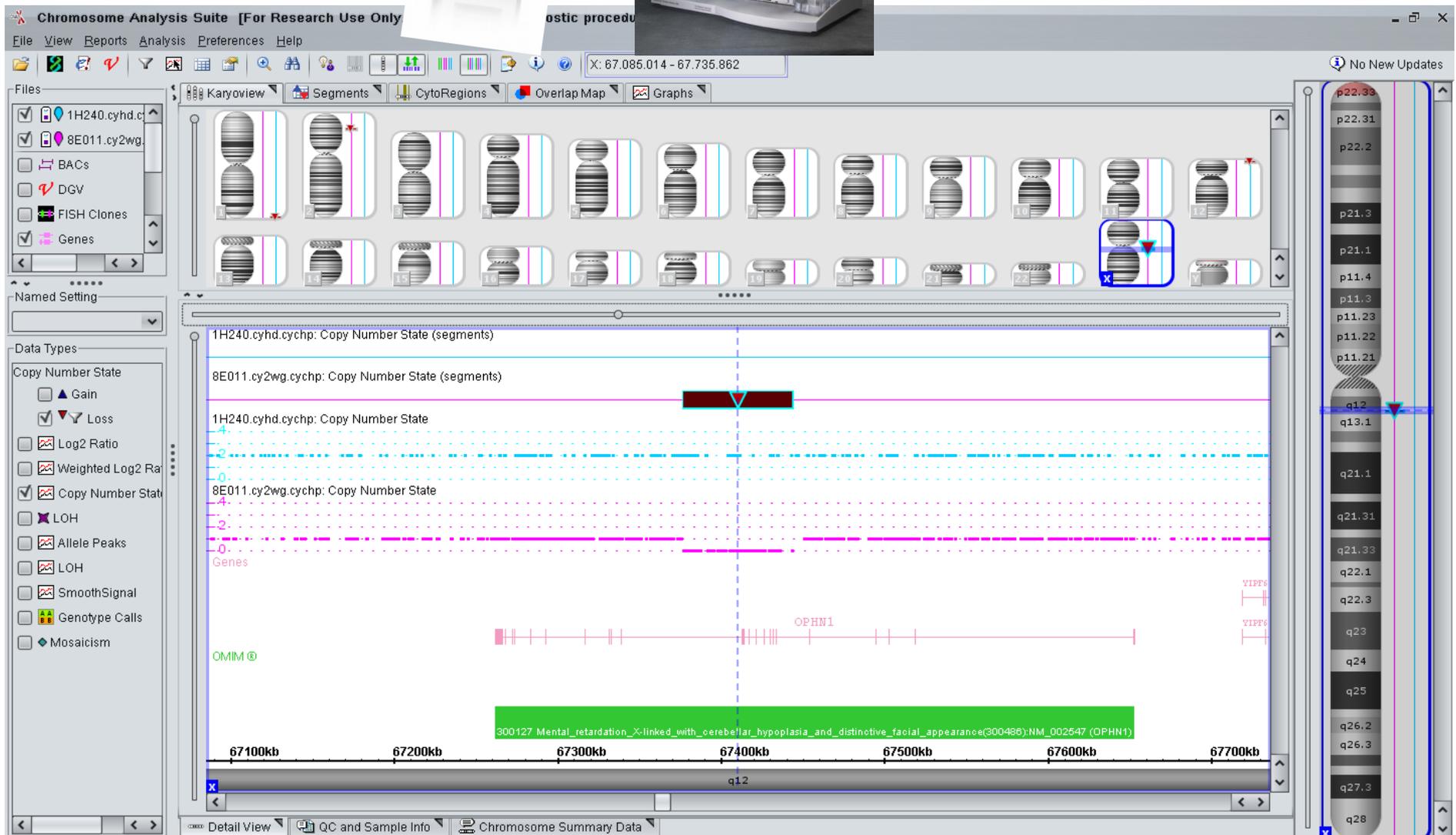


Williams Deletion Region

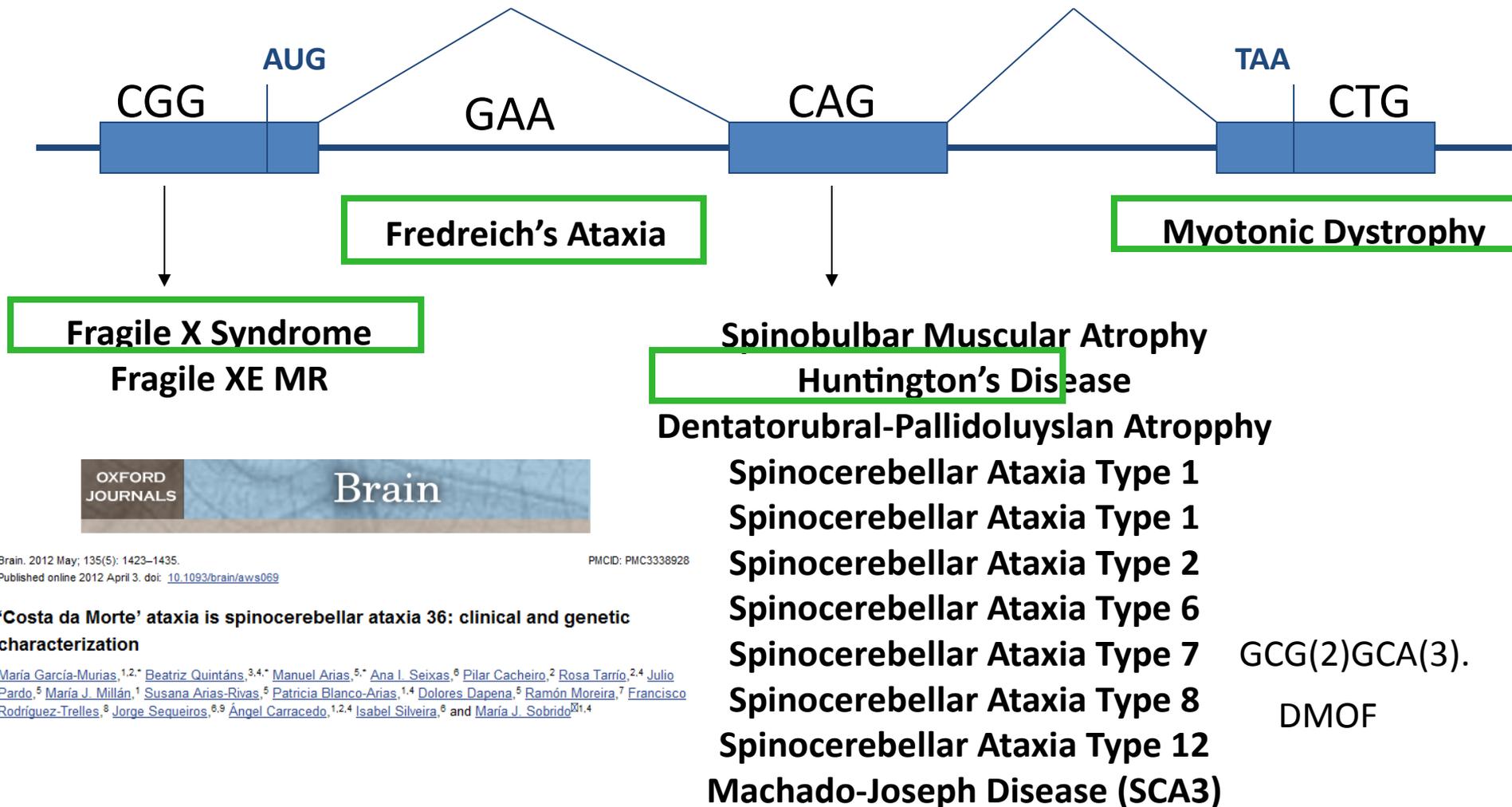


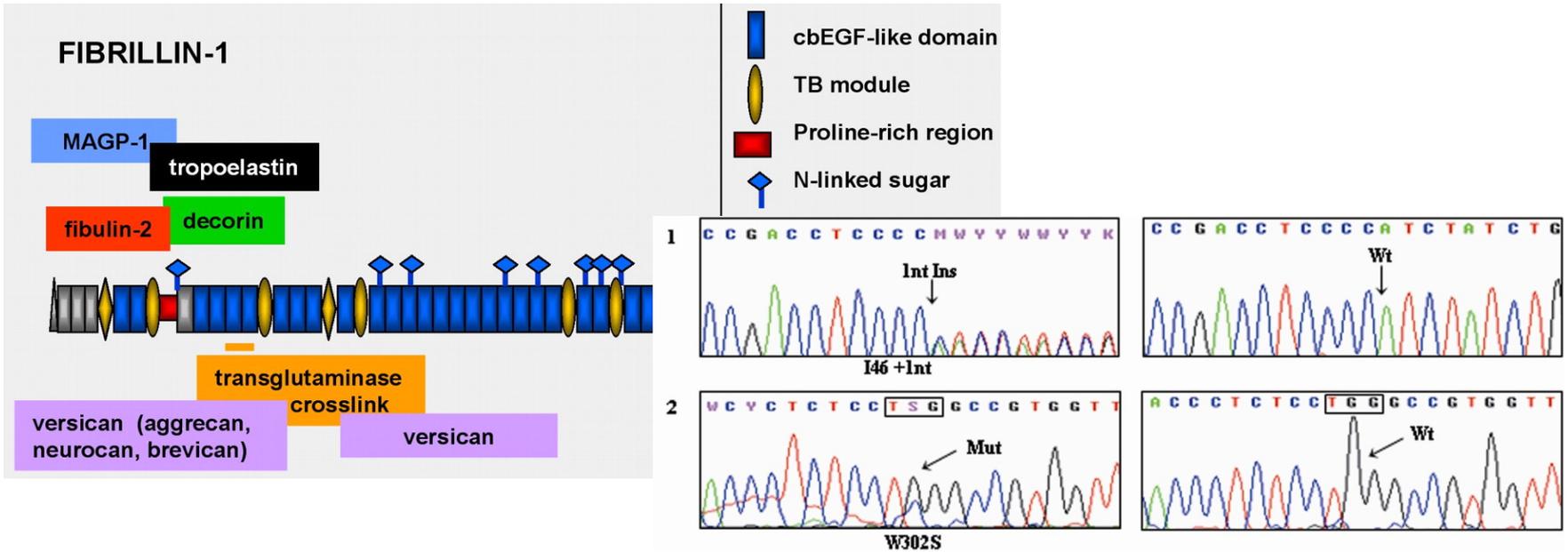
Williams Syndrome Common Deletion Region



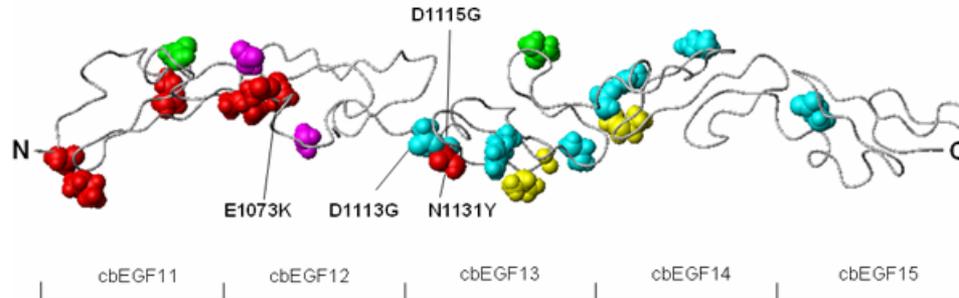
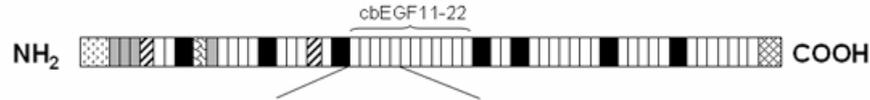


Unstable Trinucleotide Repeat Disorders in Humans

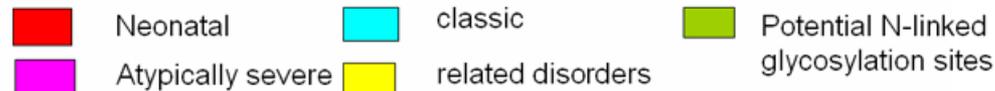




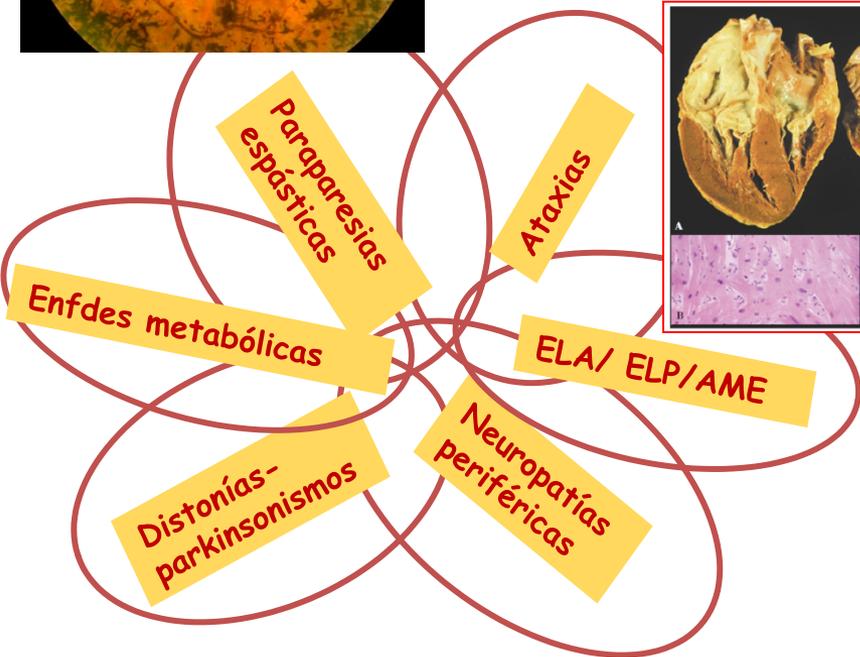
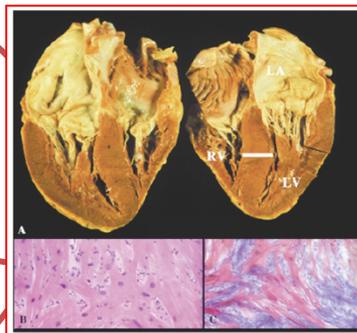
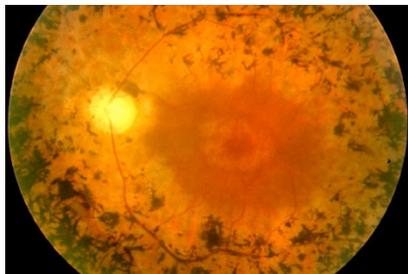
Fibrillin-1



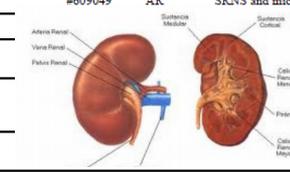
Marfan Syndrome Fibrillin 1



La heterogeneidad de la enfermedad es la norma pero no solo para enfermedades comunes sino para las mendelianas



GLOMERULAR DISEASES	OMIM No.	MOI	Characteristic signs and features	Gene symbol(s), gene product(s)
Congenital SRNS (Finnish type)	#256300	AR	congenital nephrotic syndrome, CKD	<i>NPHS1</i> , nephrin
SRNS type 2	#600995	AR	SRNS, FSGS, CKD	<i>NPHS2</i> , podocin
SRNS type 3	#610725	AR	SRNS (SSNS), DMS, FSGS, CKD	<i>PLCE1</i> , phospholipase C
SRNS type 4	#600995	AR, (AD)	SRNS, FSGS	<i>CD2AP</i> , <i>CD2AP</i>
Pierson syndrome	#609049	AR	SRNS and microcoria	<i>LAMB2</i> , laminin- β 2
SRNS, adult-onset				, CKD <i>NPHS2</i> , α -actinin-4 (<i>ACTN4</i>)
SRNS, adult-onset				, CKD <i>TRPC6</i> , transient receptor potential cation channel C6
Denys-Drash syndrome, Frasier syndrome				<i>WT1</i> , WT suppressor gene
Nail-Patella syndrome				sla, <i>LMXB</i> , LIM homeodomain protein
Schimke immuno-osseous dystrophy	#242900	AR	Bone abnormalities, immunodeficiency, SRNS	<i>SMARCAL1</i> , HepA-related protein (HARP)
Mitochondrial disorders with SRNS	#607426	AR	SRNS +/- neurologic impairment/SND	<i>COQ2</i> , <i>PDS52</i> , <i>MTTL1</i>
Lysosomal disorders with SRNS	#254900	AR	Action myoclonus, SRNS, CKD	<i>SCARB2</i> , lysosomal integral membrane protein (LIMP2)
Glomerulopathy with fibronectin deposits	#601894	AD	Proteinuria, dRTA	<i>FNI</i> , fibronectin-1
Alport syndrome	#301050	XD	Nephritis, SND, CKD	<i>COL4A5</i> , α 5(IV)-collagen
Alport syndrome with leiomyomatosis	#308940	XD	Alport syndrome with leiomyomatosis, CKD	<i>COL4A6</i> , α 6(IV)-collagen
Alport syndrome	#203780	AR	Alport syndrome or benign familial hematuria	<i>COL4A3</i> , α 3(IV)-collagen



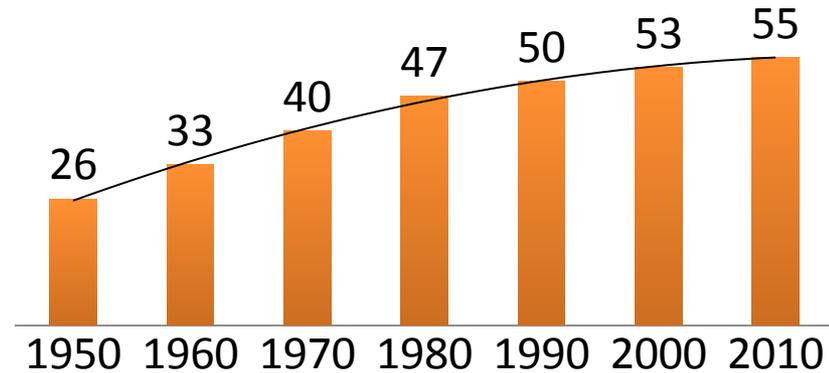
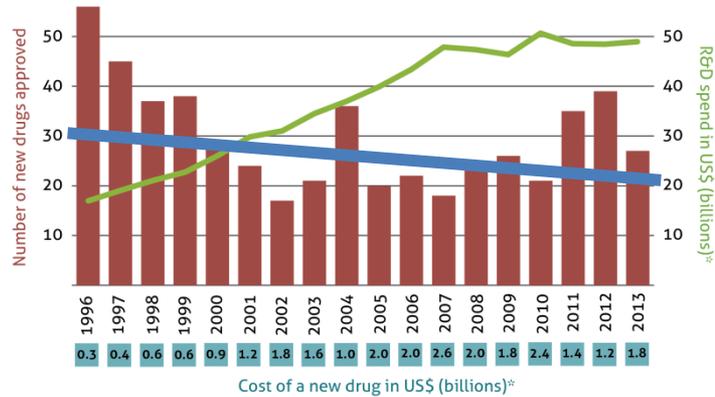
Syndrome	Genes
HCM	<i>MYH7</i> , <i>TNNT2</i> , <i>TPM1</i> , <i>MyBPC3</i> , <i>TNNI3</i> , <i>MYL2</i> , <i>MYL3</i> , <i>ACTC</i> , <i>TTN</i> , <i>PRKAG2</i> , <i>MYH6</i> , <i>GLA</i> , <i>MYO6</i> , <i>MYLK2</i> , <i>TNNC1</i> , <i>TCAP</i> ,...
DCM	<i>MYH7</i> , <i>TNNT2</i> , <i>TPM1</i> , <i>ACTC</i> , <i>TNNC1</i> , <i>TTN</i> , <i>TCAP</i> , <i>ZASP</i> , <i>PLN</i> , <i>LMNA</i> , <i>DES</i> , <i>ABCC9</i> , <i>ACTN2</i> , <i>CSRP3</i>
ARVD	<i>PKP2</i> , <i>DSP</i> , <i>JUP</i> , <i>DSC2</i> , <i>DSG2</i> , <i>RYR2</i> , <i>TGFB3</i> , <i>LAMR1</i> , <i>PTPLA</i> , <i>ZASP</i> , <i>DES</i> ,...
LQTS	<i>KCNQ1</i> , <i>KCNH2</i> , <i>SCN5A</i> , <i>ANKB</i> , <i>KCNE1</i> , <i>KCNE2</i> , <i>KCNJ2</i> , <i>CACNA1C</i> , <i>CAV3</i> , <i>SCN4B</i> ,...
SQTS	<i>KCNH2</i> , <i>KCNQ1</i> , <i>KCNJ2</i> , <i>CACNA1C</i> , <i>CACNB2</i> ,...
WPW	<i>PRKAG2</i>
CPVT	<i>RyR2</i> , <i>CASQ2</i>
PCCD	<i>SCN5A</i>
Brugada	<i>SCN5A</i>

Cambio de paradigma: El diagnóstico de la enfermedad lo orienta a menudo el propio análisis genético y no el fenotipo

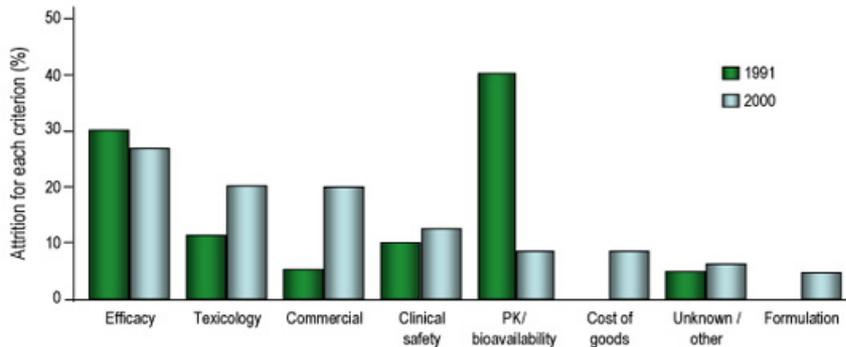
Limited therapeutic efficacy in many TAs

Productivity of the pharma industry

Finding the true cost of a new drug is complex and controversial...



Data: USFDA, PhRMA
Akshat Rathi | theconversation.com * New drug cost and R&D spend could be 30% higher if non-PhRMA members are included



- In 1991 unpredictable PK was the main reason for failure
- Today main reason for failure is lack of efficacy

ADRs

5% hospital admissions

4th cause of death (100.000 d / year USA)

4billions\$/year

La heterogeneidad en la enfermedad es la norma



Que es la fiebre una enfermedad o un síntoma?

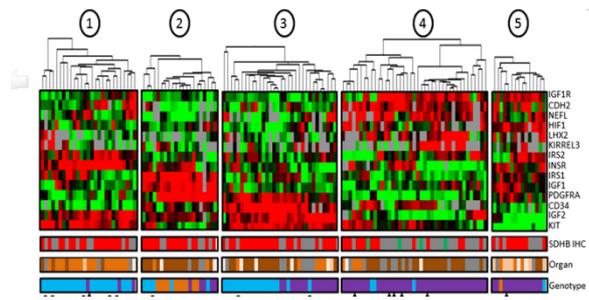
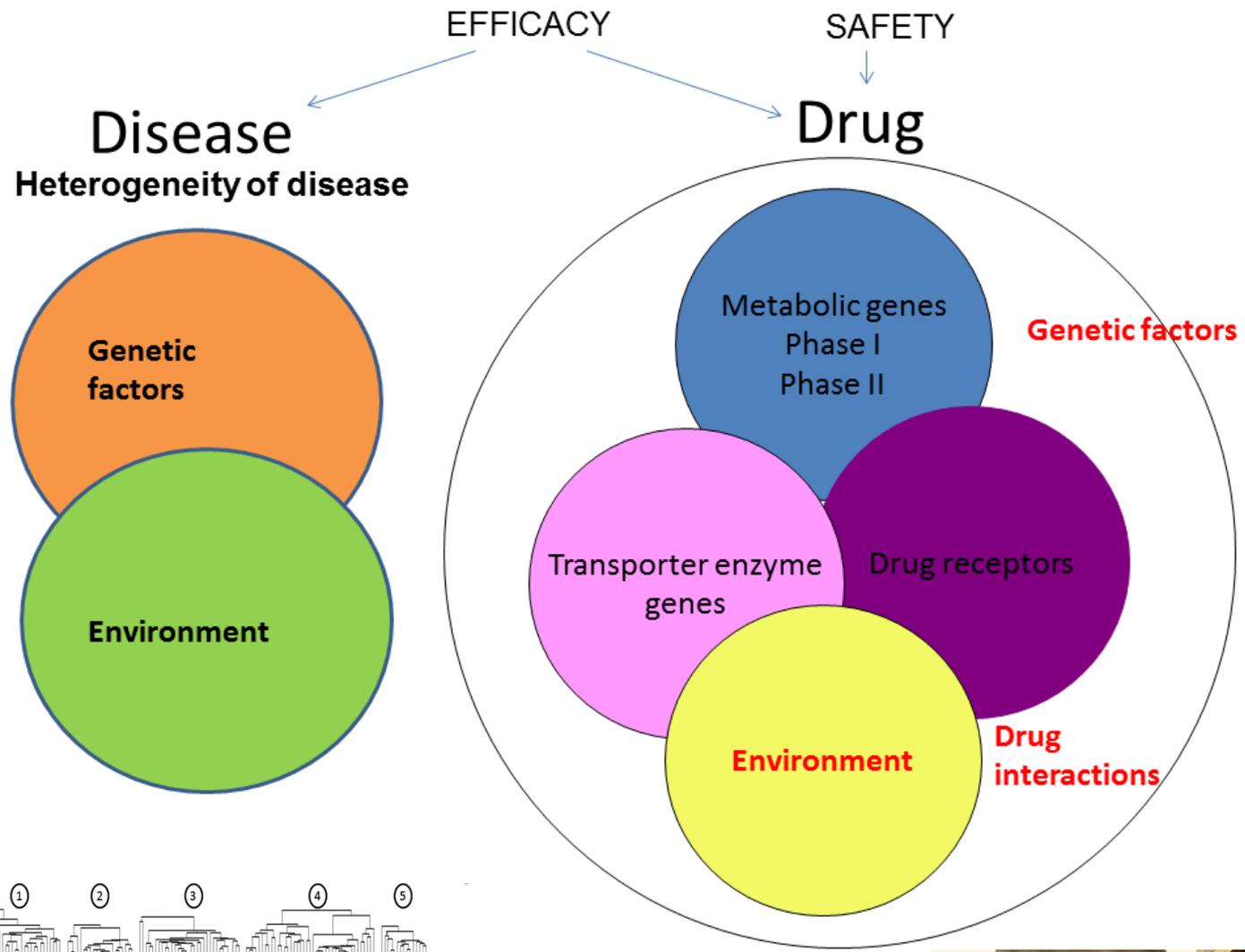
Y la hipertensión, diabetes, asma, artritis, esquizofrenia?

Los conceptos de enfermedad, síntoma y signo se han asimilado erróneamente

Los tratamientos sintomáticos no solucionan el problema si no se soluciona por si solo

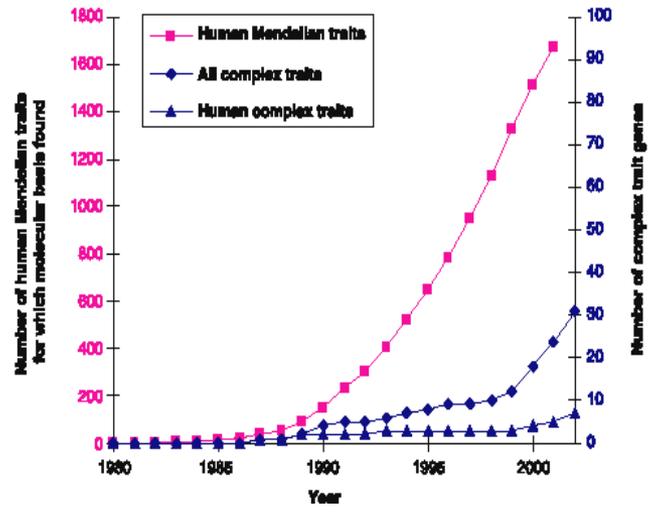
Debido a la heterogeneidad, los pocos tratamientos contra las causas tienen eficacia solo para un subgrupo (por ejemplo: una antibiótico para la fiebre tendría una eficacia de alrededor del 20%)

Necesitamos **estratificar** la enfermedad



SNP: SINGLE NUCLEOTIDE POLYMORPHISM

ATCGGCGTACCTGATTCCGAATCCGTATCG
 ATCGGCGTACCTGAATCCGAATCCGTATCG



**3.3 Gigabases Human Genome /
>20 M SNP**

1 SNP/<150 bp



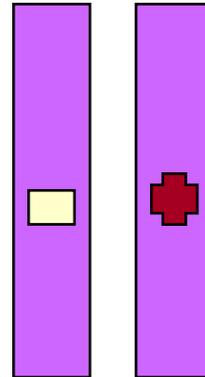
1M SNPs



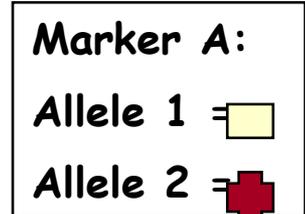
Human Genetic Association Study Design



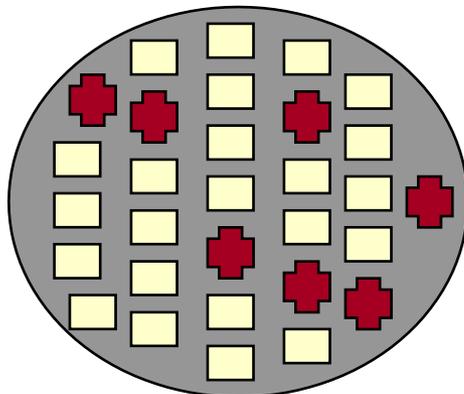
Allele 1



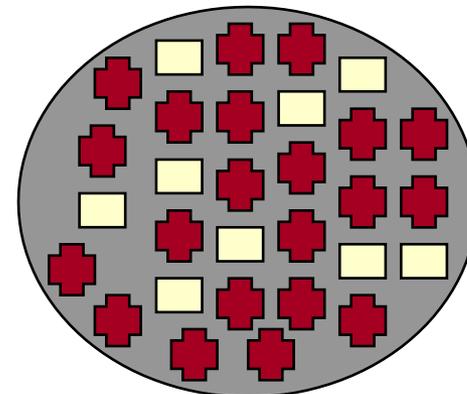
Allele 2



SNPs are the ideal markers



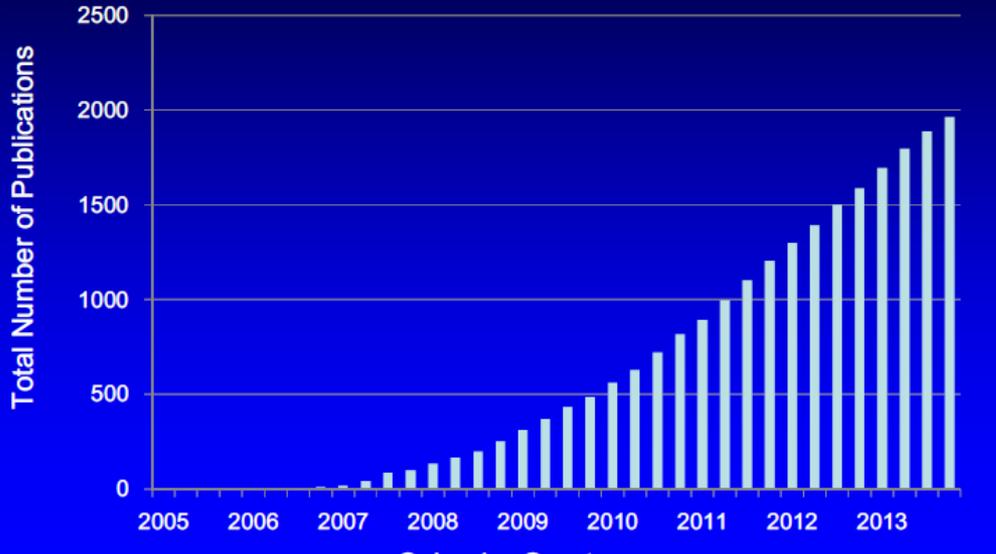
Marker A is associated with Phenotype



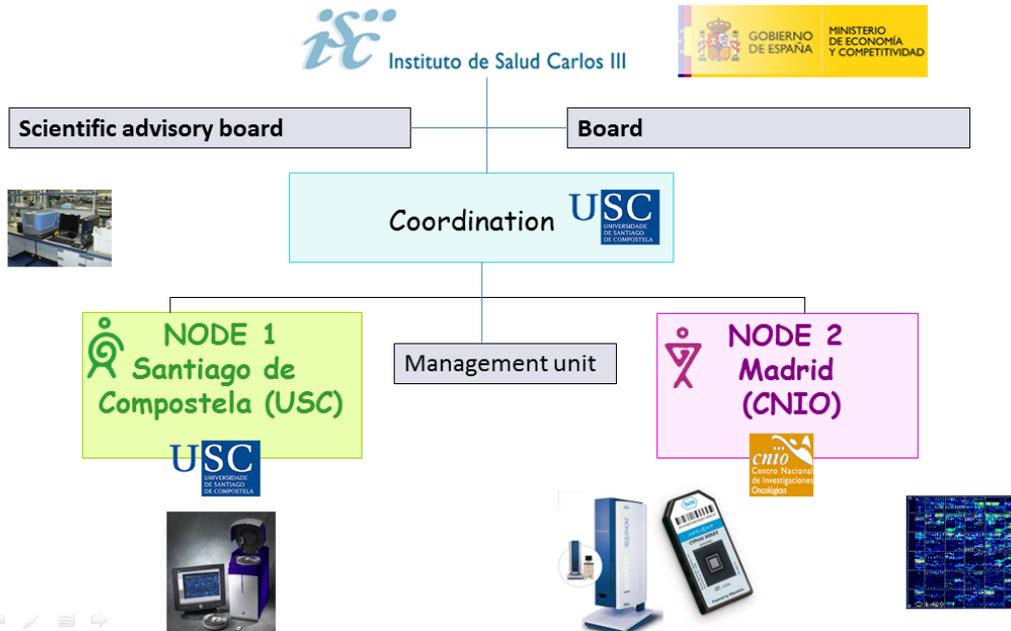


Published GWA Reports, 2005 – 2013

1960



CENTRO NACIONAL DE GENOTIPADO CEGEN-ISCIII



Published Genome-Wide Associations through 12/2013

Published GWA at $p \leq 5 \times 10^{-8}$ for 17 trait categories



NHGRI GWA Catalog
www.genome.gov/GWASudies
www.ebi.ac.uk/fgpt/gwas/

Common variants conferring risk of schizophrenia

Nature Stefansson et al. Aug 2009 (SGENE Consortium)

Genome-wide significant association of seven markers with schizophrenia

ne/ SNP[allele]	Frequency	SGENE-plus* (2,663 cases; 13,498 controls)		Follow-up (4,999 cases; 15,555 controls)		SGENE-plus + follow-up (7,662 cases; 29,053 controls)		SGENE-plus + follow-up + ISC + MGS (12,951 cases; 34,594 controls)		Region/ neighbouring gene
		OR (95% CI)	P value	OR (95% CI)	P value	OR (95% CI)	P value	OR (95% CI)	P value	
rs6913660[C]†☆	0.85	1.22 (1.10, 1.36)	0.00023	1.11 (1.04, 1.19)	0.0021	1.14 (1.08, 1.21)	4.7×10^{-6}	1.15 (1.10, 1.21)	1.1×10^{-9}	MHC/ <i>HIST1H2BJ</i>
rs13219354[T]‡☆	0.90	1.25 (1.11, 1.42)	0.00043	1.19 (1.08, 1.30)	0.00022	1.21 (1.12, 1.30)	4.4×10^{-7}	1.20 (1.14, 1.27)	1.3×10^{-10}	MHC/ <i>PRSS16</i>
rs6932590[T]§☆	0.78	1.15 (1.05, 1.26)	0.0024	1.17 (1.10, 1.25)	4.9×10^{-7}	1.17 (1.11, 1.23)	4.4×10^{-9}	1.16 (1.11, 1.21)	1.4×10^{-12}	MHC/ <i>PRSS16</i>
rs13211507[T] ☆	0.92	1.24 (1.08, 1.42)	0.0027	1.27 (1.15, 1.40)	3.1×10^{-6}	1.26 (1.16, 1.36)	3.1×10^{-8}	1.24 (1.16, 1.32)	8.3×10^{-11}	MHC/ <i>PGBD1</i>
rs3131296[G]¶☆	0.87	1.21 (1.08, 1.36)	0.0011	1.20 (1.11, 1.30)	5.3×10^{-6}	1.21 (1.13, 1.29)	2.1×10^{-8}	1.19 (1.13, 1.25)	2.3×10^{-10}	MHC/ <i>NOTCH4</i>
rs12807809[T]	0.83	1.19 (1.08, 1.32)	0.00045	1.13 (1.06, 1.21)	0.00022	1.15 (1.09, 1.22)	5.0×10^{-7}	1.15 (1.10, 1.20)	2.4×10^{-9}	<i>NRGN</i>
rs9960767[C]#☆	0.056	1.30 (1.11, 1.51)	0.0011	1.20 (1.08, 1.33)	0.00044	1.23 (1.13, 1.34)	2.2×10^{-6}	1.23 (1.15, 1.32)	4.1×10^{-9}	<i>TCF4</i>

19,000 cases and 35,000 controls from Iceland, Denmark (Aarhus), Denmark (Copenhagen), Germany (Bonn), Germany (Munich), Hungary, the Netherlands, Norway, Russia, Sweden, Finland; Spain (Santiago) and Spain (Valencia)

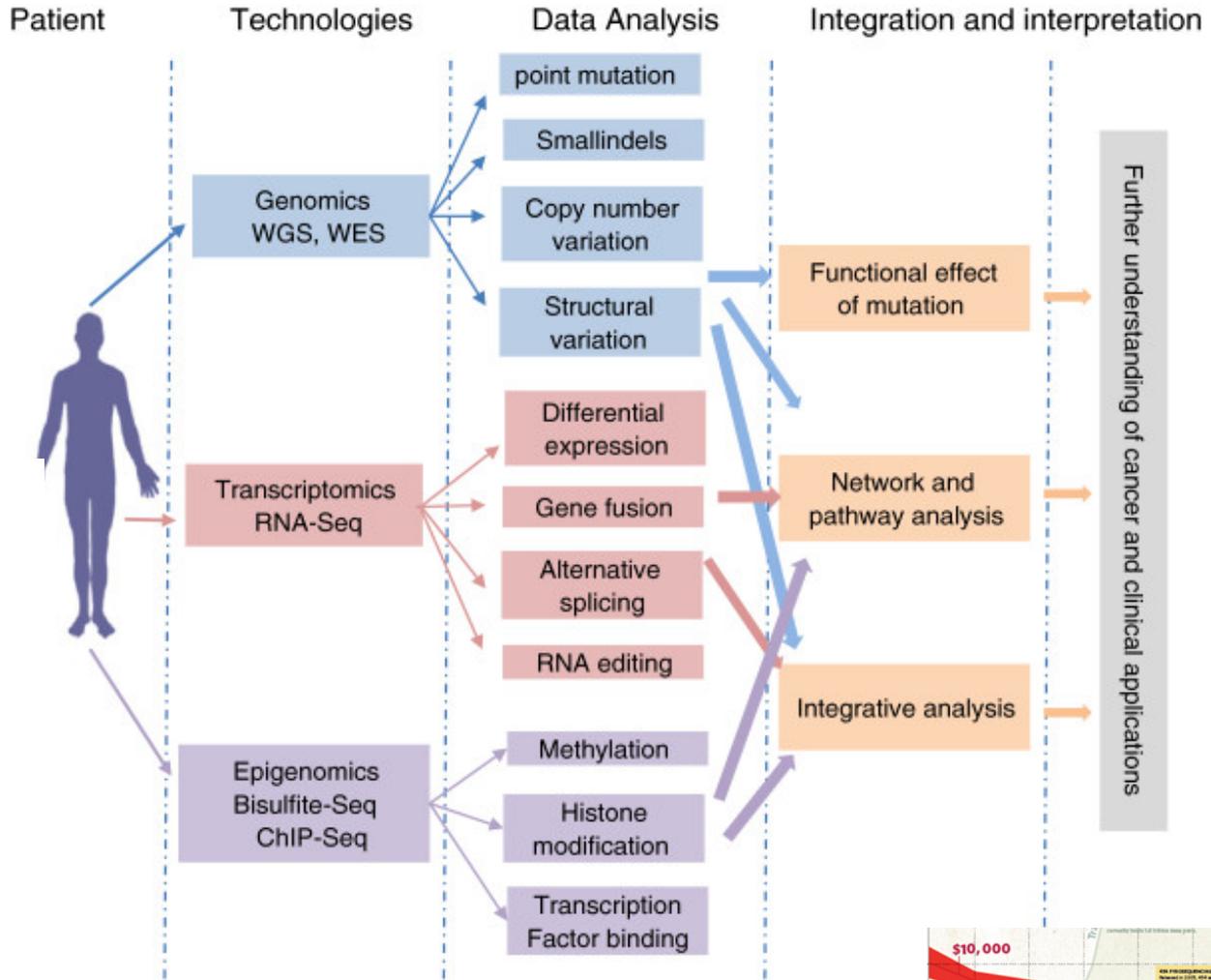
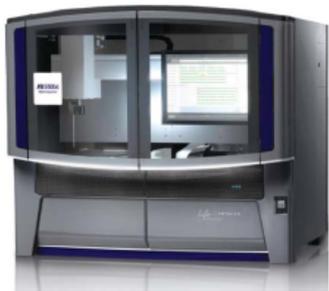
1st 2,663 cases and 13,498 controls

2nd top 1,500 in 4500 cases and 4500 controls

3rd top 25 in 4,999 cases and 15,555 controls

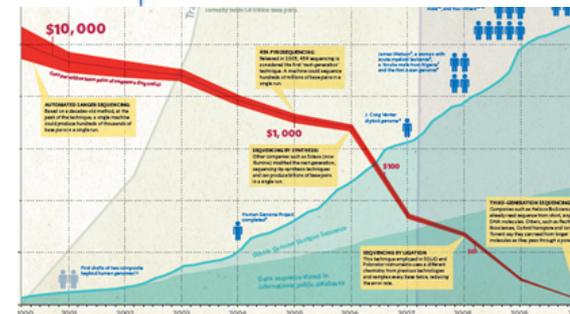
4th top 10 in 14,000 cases and 16,000 controls

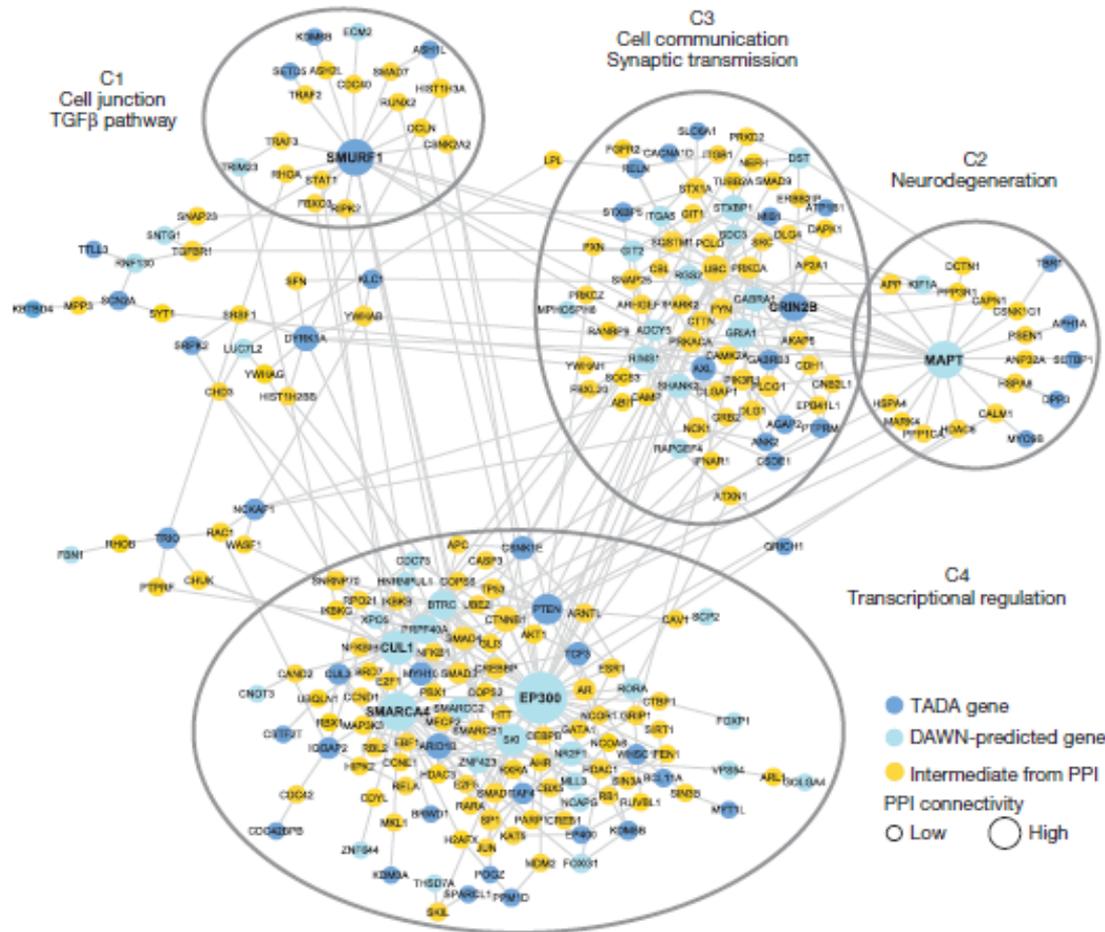
Illumina 300 and 550 K



Genomics
Micro RNA
Transcriptomics
Epigenomics
Metagenomics

The sequence explosion





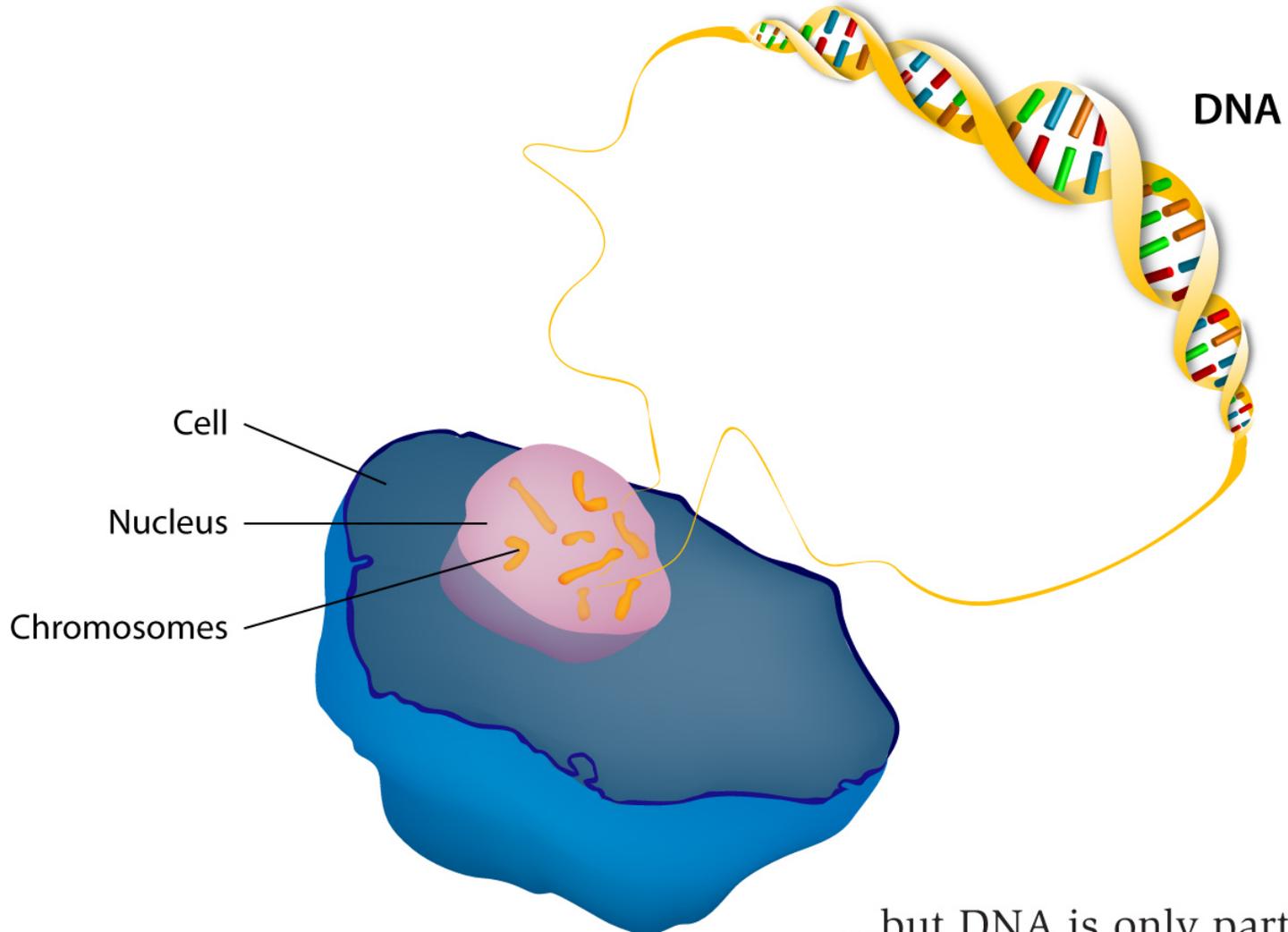
Synaptic, transcriptional and chromatin genes disrupted in autism
De Rubeis et al. Nature (2014) 4000 casos y 10,000 controles

Epigenetics



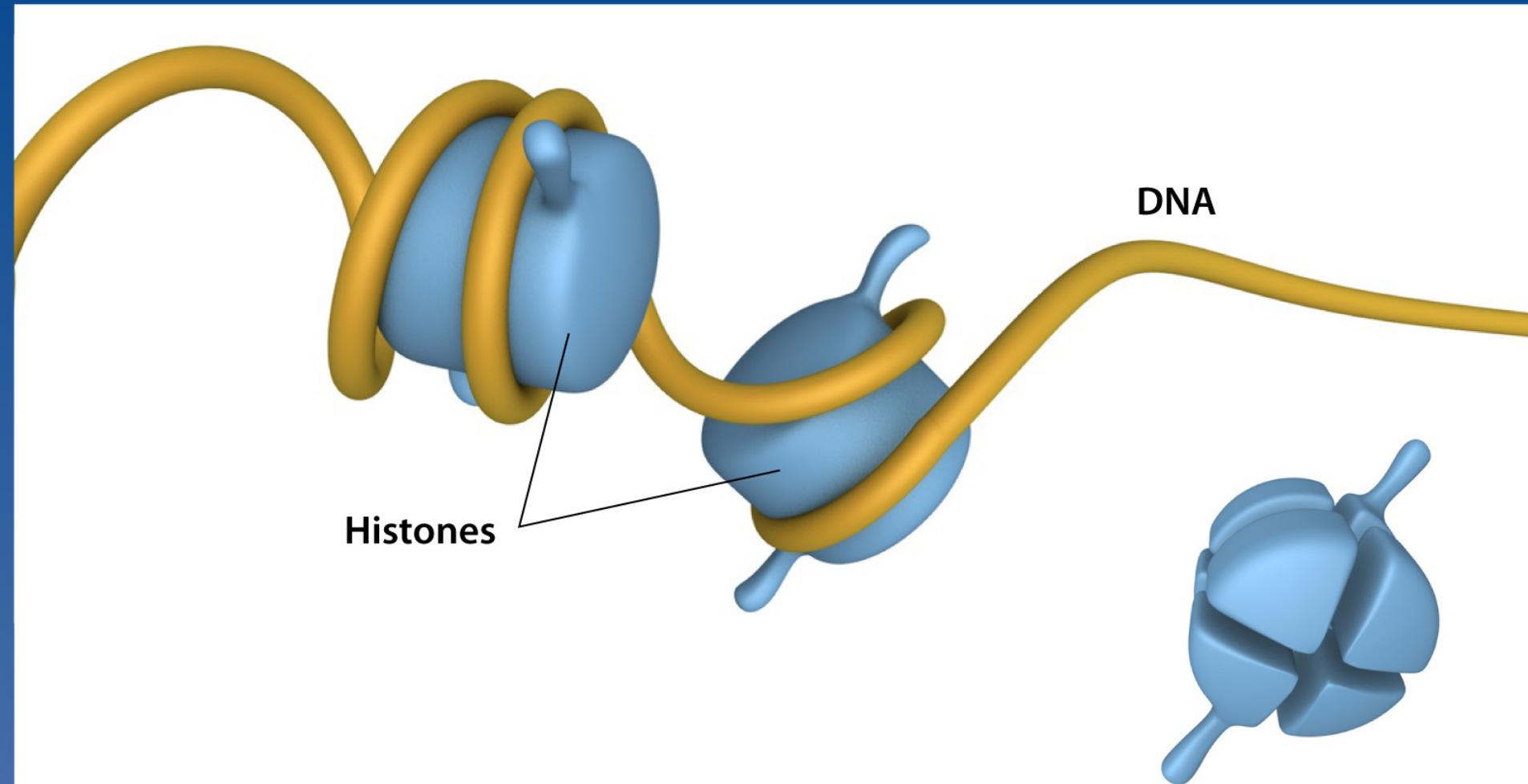
National Human Genome Research Institute

DNA contains the instructions for building and maintaining all parts of the body



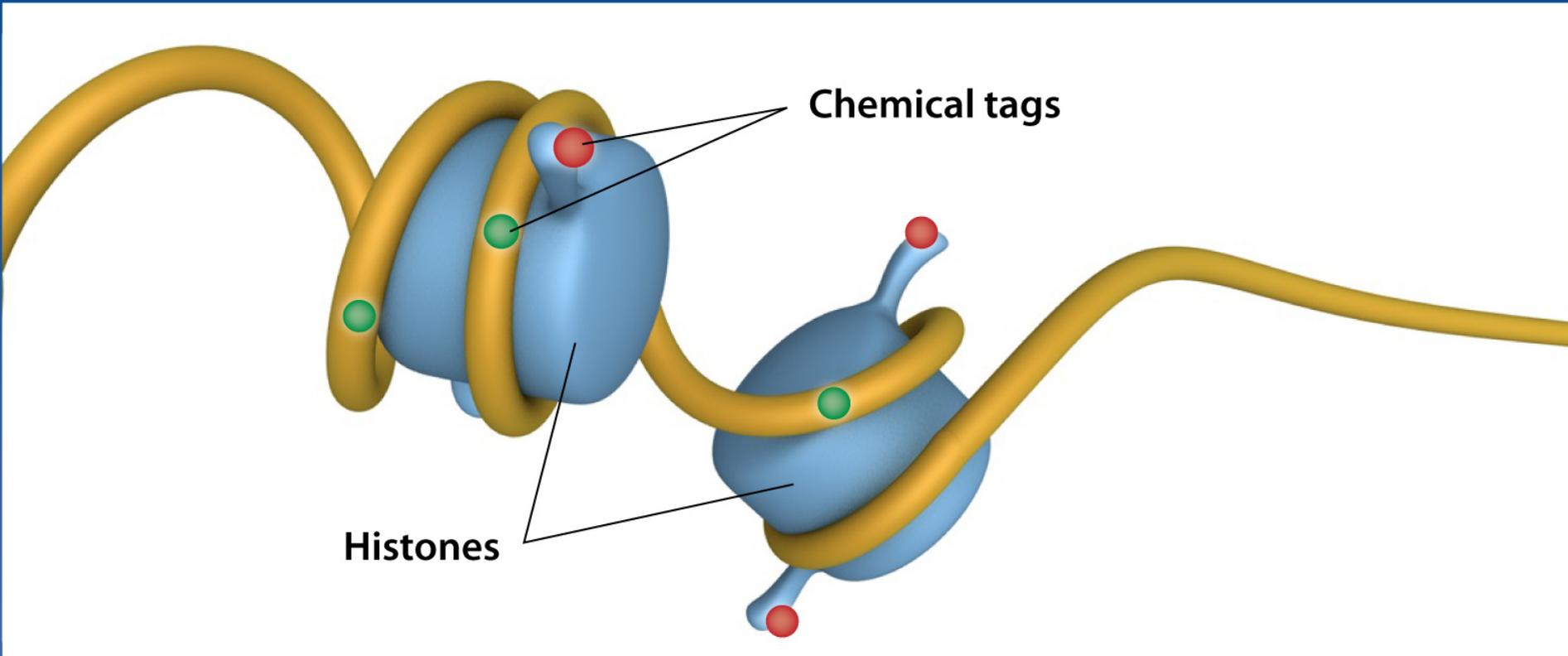
...but DNA is only part of the story

The DNA in our cells is wrapped around proteins called histones



A group of 8 histone proteins come together to form a spool.

DNA and histones are covered with chemical tags



This second layer of structure, in the form of proteins and chemical tags, is called the **epigenome** (“epi” means above, on, or in addition to).

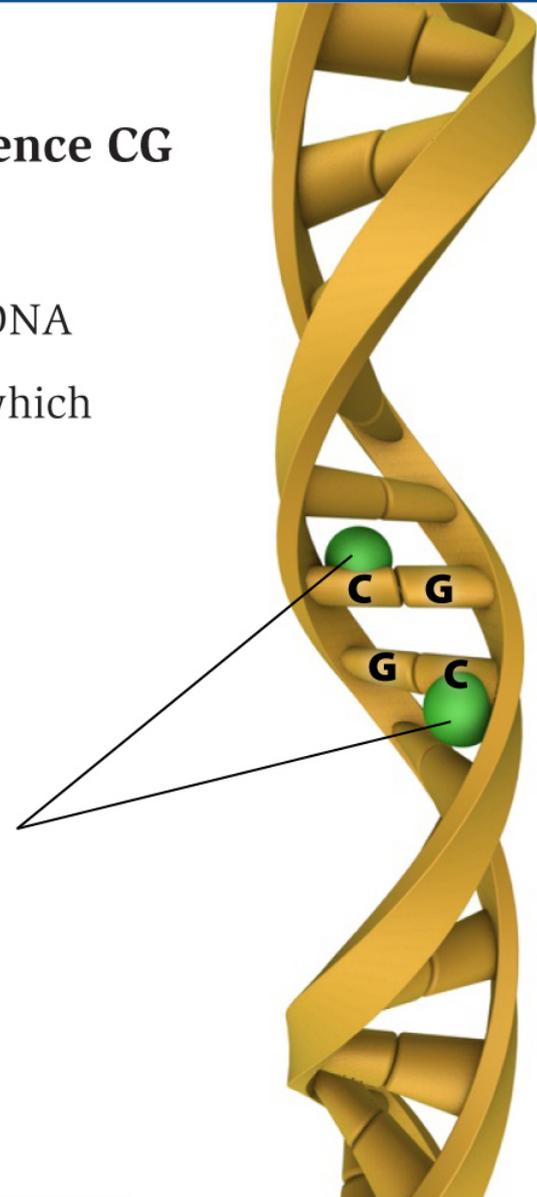
Methyl tags usually turn genes off

Methyl tags are added to a cytosine at the sequence CG

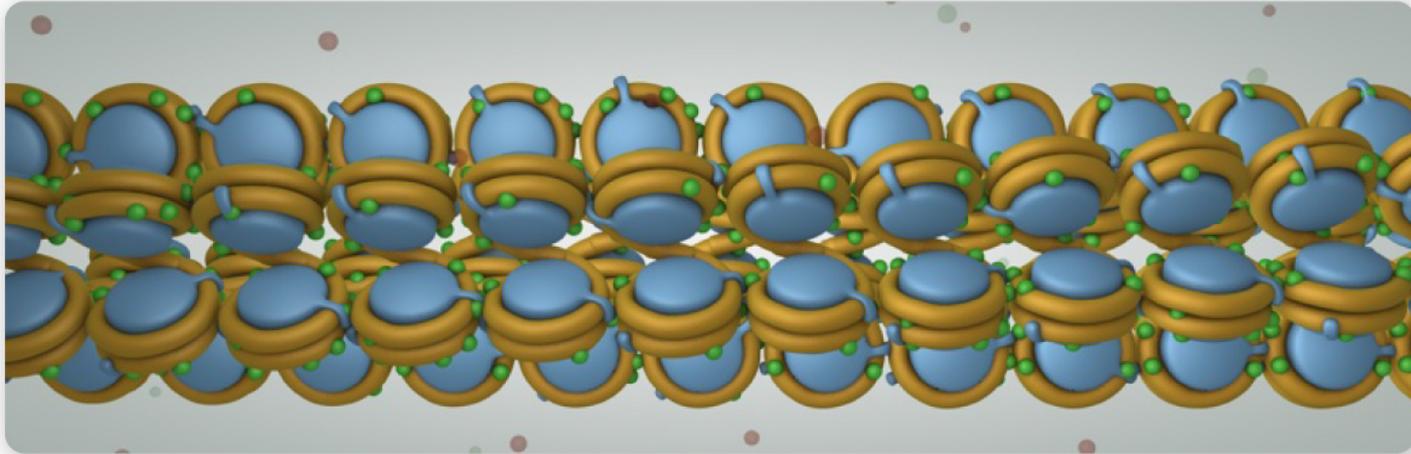
They silence genes by:

- Blocking transcription machinery from binding to DNA
- Recruiting proteins that bind to methylated DNA, which then block transcription machinery from binding

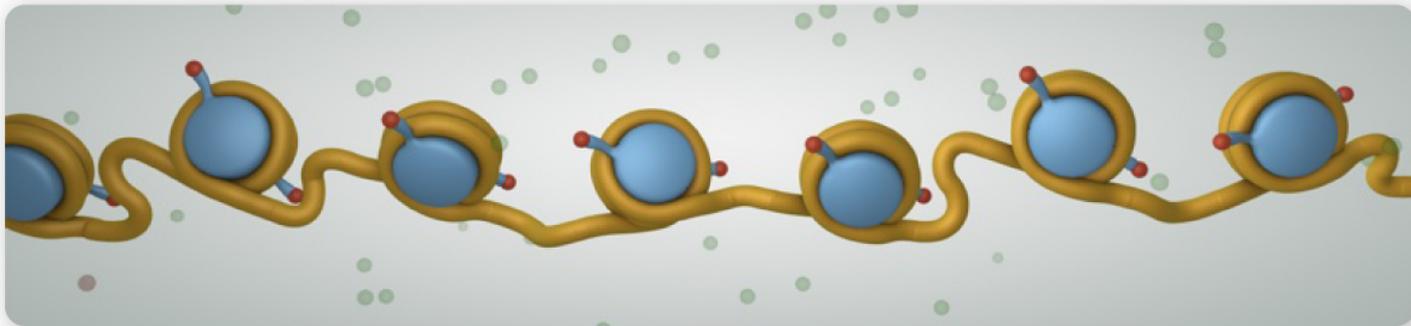
Methyl tags



The epigenome shapes the physical structure of the genome



The epigenome tightly wraps **inactive** genes, making them unreadable.



The epigenome relaxes **active** genes, making them easily accessible.

The DNA code remains fixed for life, but the epigenome is flexible

Factors from the environment interact with the epigenome, affecting gene expression

- Diet
- Toxins
- Physical activity
- Stress



Identical twins have the exact same genetic information

But their epigenomes become increasingly different over time

- Epigenetic changes can cause dramatic differences between twins, including many cases where one twin develops a disease and the other does not.



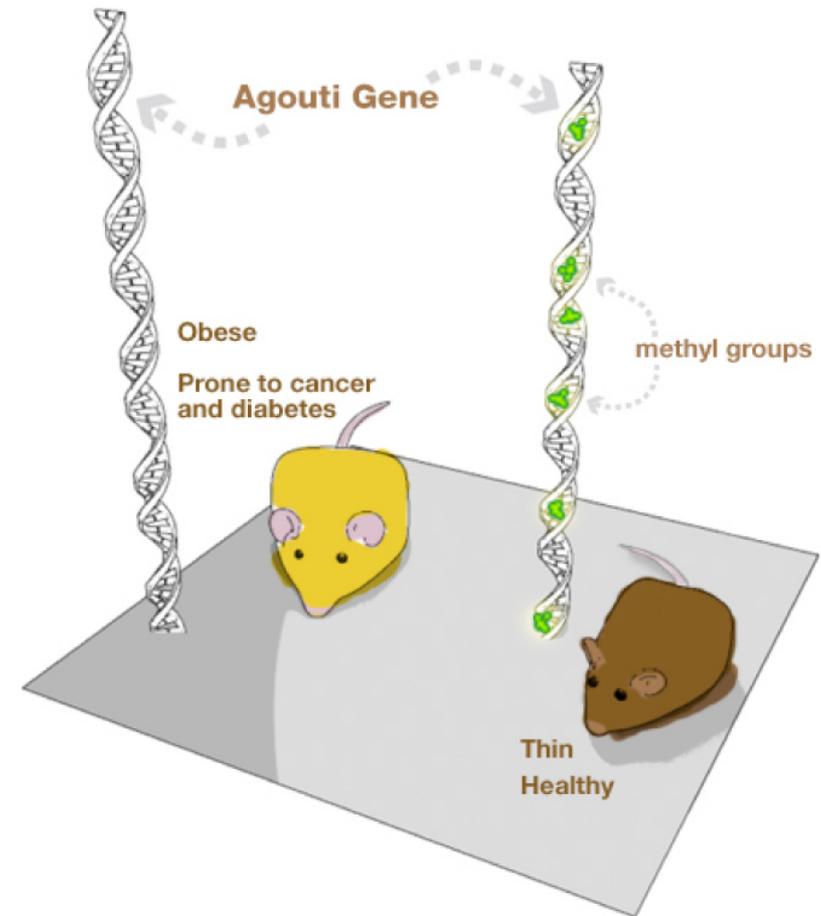
Diet affects the epigenome

These two mice are genetically identical.

During pregnancy, the mother of the brown mouse ate a diet rich in methyl groups.

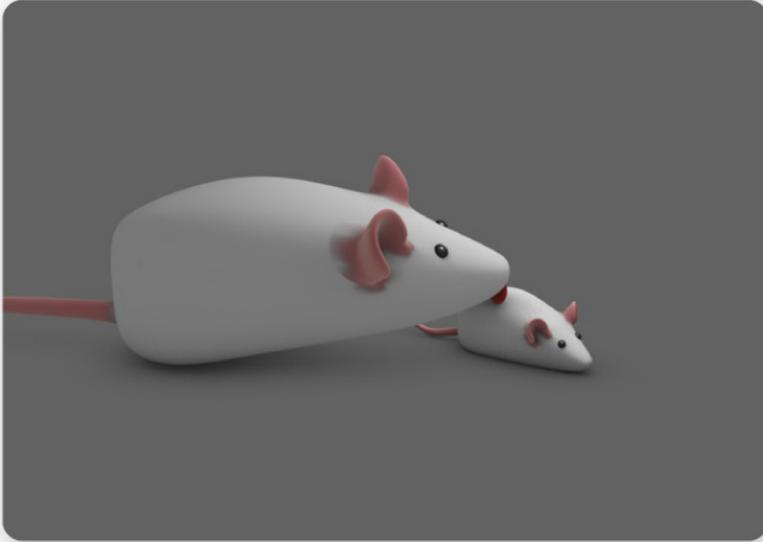
The mother of the yellow mouse ate regular mouse food.

The high methyl diet affected the developing mouse's epigenome, causing it to be born brown, thin and healthy.

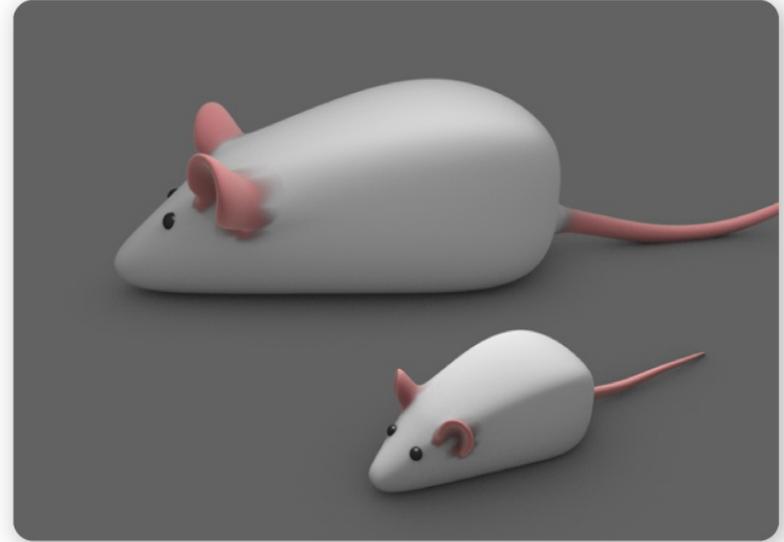


Waterland and Jirtle, 2003. Mol. Cell Biol 23(15): 5293-300.

Maternal care affects the epigenome



Highly nurtured rat pups tend to grow up to be calm adults.



Rat pups who receive little nurturing tend to grow up to be anxious adults.

The Human Epigenome Project hopes to clarify connections between gene expression and disease

Human Epigenome Project Goals:

- Identify methylation patterns in all of the body's major tissues
- Compare healthy and disease methylation patterns
- Understand interactions between genes, the epigenome, and the environment



Human Microbiome Project

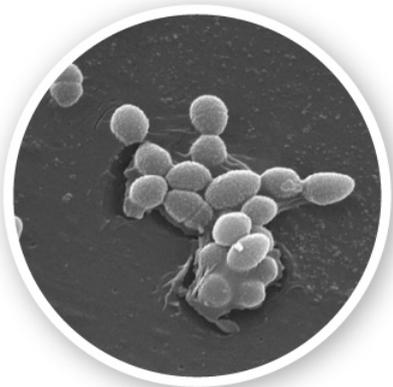


National Human Genome Research Institute

Using large-scale DNA sequencing to understand how microbes affect our health

The cells in our bodies are outnumbered 10:1 by microbes

- About 3 to 4 pounds of microbes live on and in our bodies.
- These microbes represent thousands of different species, and include bacteria, fungi, archaea and viruses.



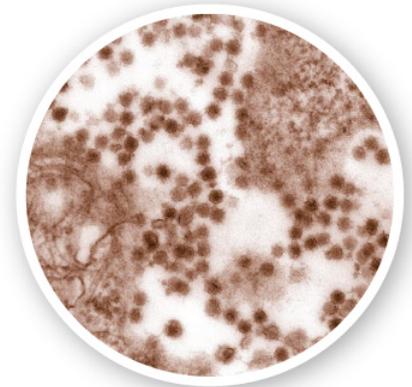
Bacteria



Fungi
(CDC/Dr. Libero Ajello)



Archaea
(P.M. Poon)



Viruses
(CDC/Cynthia Goldsmith)

Some microbes cause disease

Many disease-causing microbes have been sequenced, including:

Bacillus anthracis (Anthrax)

Bacillus cereus (foodborne illness)

Borrelia burgdorferi (Lyme disease)

Camphylobacter, multiple species (diarrheal illness)

Chlamydia trachomatis (STD)

Clostridium botulinum (Botulism)

F. tularensis holarctica (tularemia)

Legionella pneumophila (Legionnaires' disease)

Listeria monocytogenes (foodborne illness)

Mycobacterium tuberculosis (Tuberculosis)

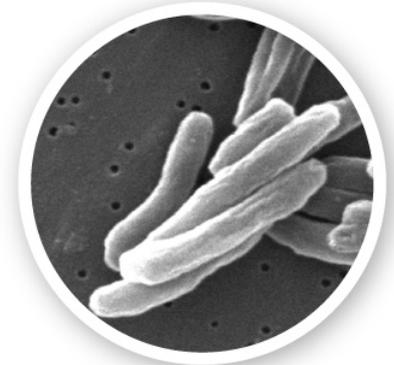
Neisseria gonorrhoea (STD)

Rickettsia rickettsii (Rocky mountain spotted fever)

Salmonella enterica (foodborne illness)

Streptococcus pneumoniae (Pneumonia)

Vibrio cholerae (Cholera)



Tuberculosis
bacteria

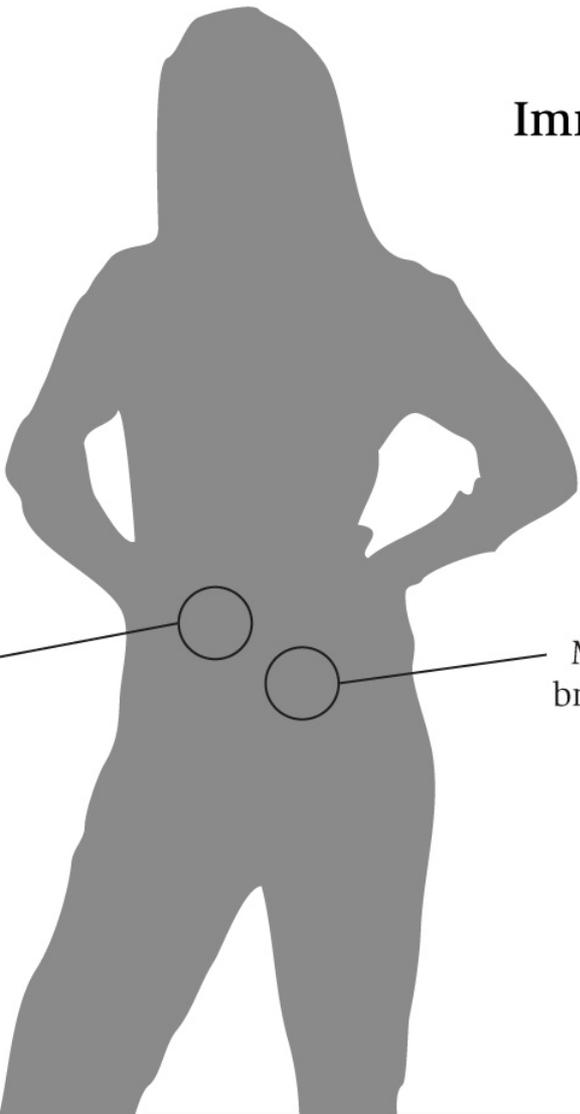


Cholera
bacteria



Microbes are important for many normal body functions

Digestion
Immunity
Nutrition
...and more
Metabolism



Microbes in our intestines produce vitamin K, which helps our blood clot.

Microbes in our intestines break down certain foods so we can absorb them.

Variations in “healthy” microbe populations may be associated with complex diseases

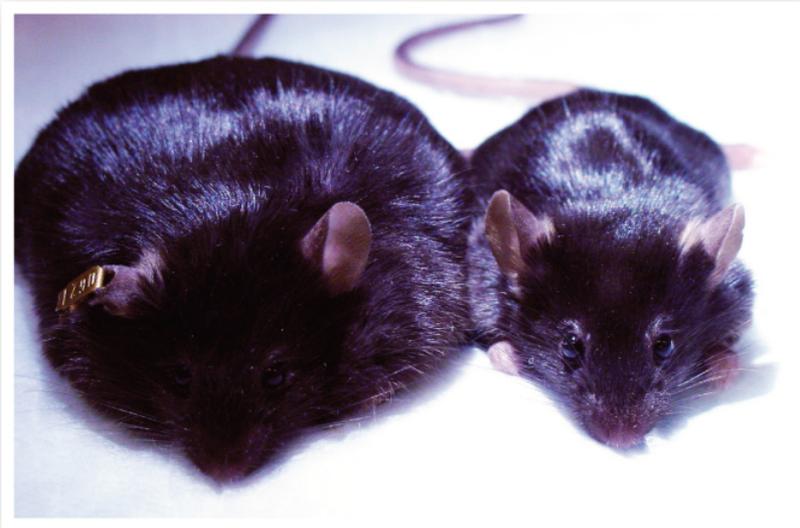


Photo: Umut Ozcan

Genetically obese mice contain gut microbes that are more efficient than normal at harvesting energy from their food.

Transferring these microbes to genetically normal mice causes the thin mice to gain body fat.

(Turnbaugh et al., Nature 444, 1027-131)

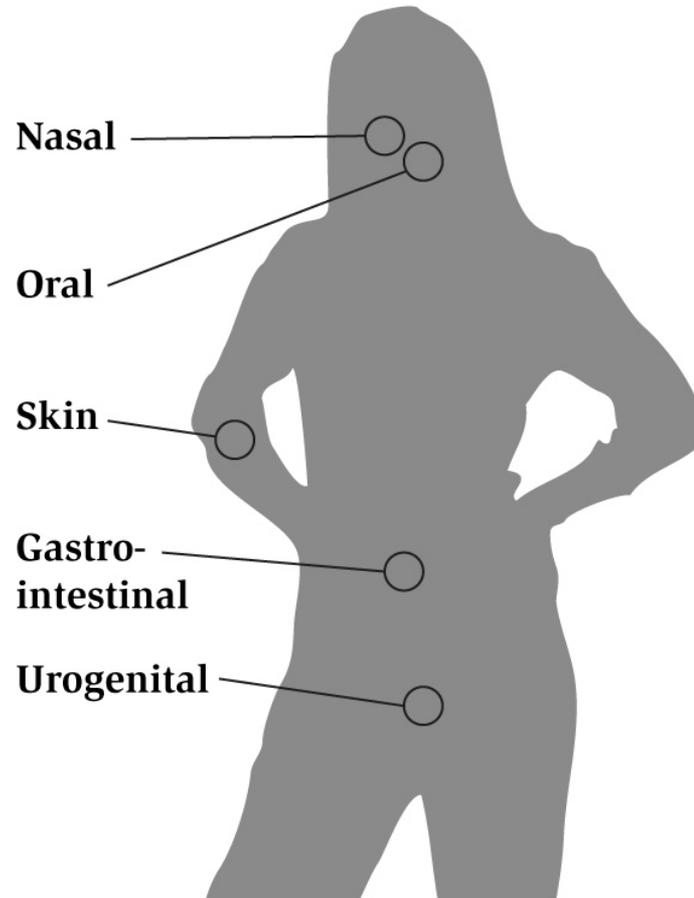
Studies suggest that obese and thin humans also have different gut microbes.

The Human Microbiome Project

Part 1: Identify and characterize the microorganisms that are found on and in the human body (the microbiome)

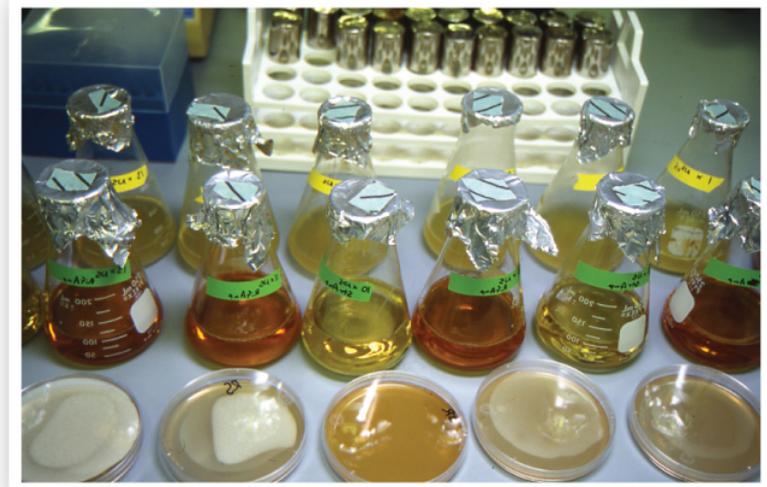
- Build a basic data set based on about 1,000 different microbes

The human microbiome project will focus on the microbe populations in 5 body regions:



Microbes live in specialized environments around the body

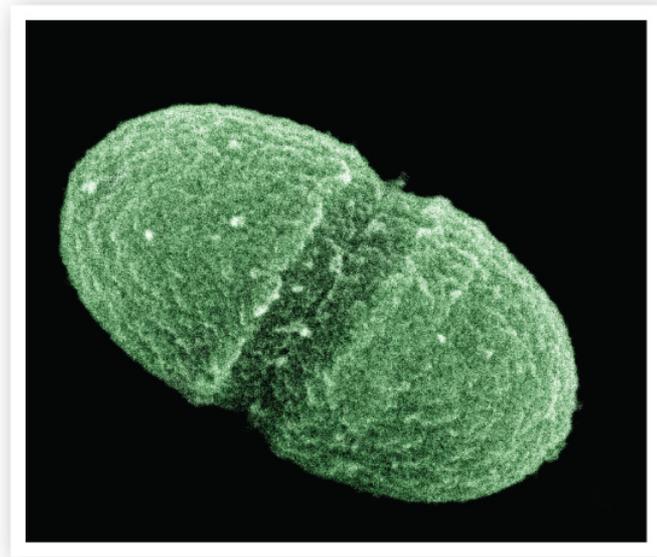
- Most of our resident microbes cannot be cultured outside of the body.
- New “metagenomics” tools can analyze large populations of microbes directly and simultaneously.
 - DNA sequences
 - RNA sequences
 - Protein sequences
 - Metabolic products



The Human Microbiome Project

Part 2: Examine the species represented in samples from healthy people

- Do humans share a common microbiome?
- Is the microbiome more similar between relatives? Members of a community?
- How does the microbiome change over the course of a day? year? lifetime?

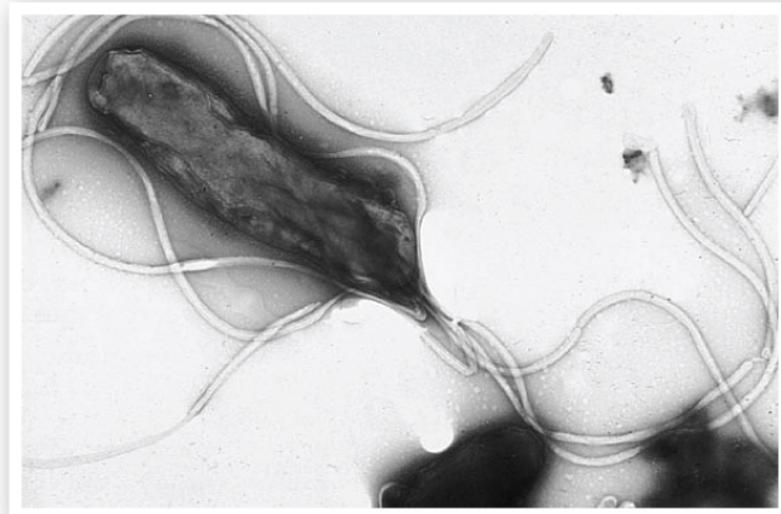


Enterococcus faecalis, a bacterium that lives in the gut.

The Human Microbiome Project

Part 3: Examine the species represented in samples from people with diseases

- How do changes in the microbiome correlate with changes in human health?



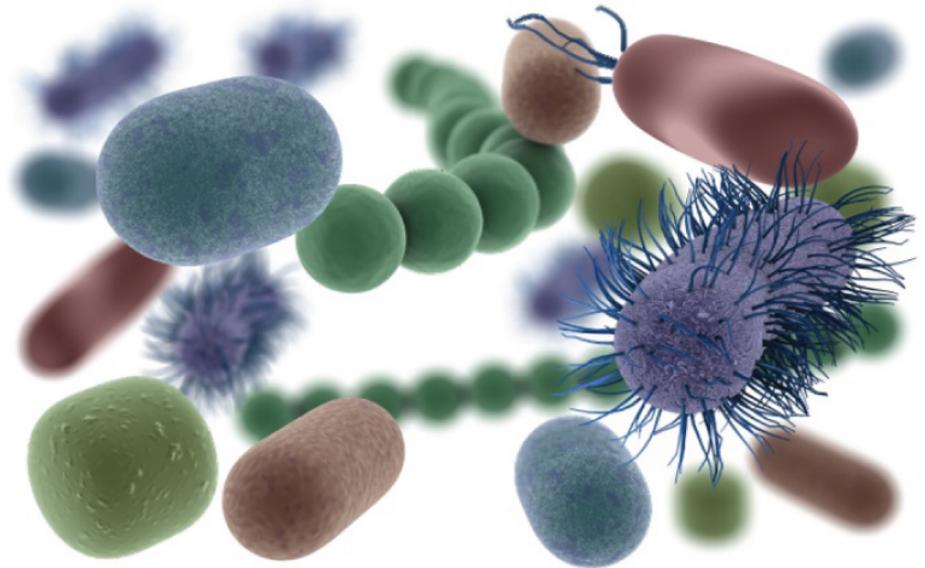
Helicobacter pylori, a bacterium that causes stomach ulcers.
(Yutaka Tsutsumi, M.D.)

The Human Microbiome Project

Diseases that may be affected by microbes include:

- Obesity
- Acne
- Asthma
- Diabetes
- Gall stones
- Stomach ulcers
- Inflammatory bowel disease
- Antibiotic-associated diarrhea
- Chronic periodontal (gum) disease
- Dental cavities
- Stomach and colon cancer

One day doctors may be able to make changes to an individual's microbiome to treat these and other diseases.





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The White House

Office of the Press Secretary

For Immediate Release

FACT SHEET: President Obama's Precision Medicine Initiative



NATURE | NEWS

US precision-medicine proposal

Announcement by President Obama comes amidst grow



The NEW ENGLAND
JOURNAL of MEDICINE

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Perspective

A New Initiative on Precision Medicine

Francis S. Collins, M.D., Ph.D., and Harold Varmus, M.D.
N Engl J Med 2015; 372:793-795 | February 26, 2015 | DOI: 10.1056/NEJMp1500523



About Us | 100,000 Genomes Project | Taking Part | For Healthcare Professionals | Research | Industry Partnerships | News & Events

Home > The 100,000 Genomes Project

The 100,000 Genomes Project

The project will sequence 100,000 genomes from around 70,000 people. Participants are NHS patients with a rare disease, plus

RESEARCH & INNOVATION Health

European Commission > Research & Innovation > Health > Policies > Personalised Medicine

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Policies

Useful links

Cancer

Introduction to cancer in the 100,000 Genomes Project.

HELIX

The **H**uman **E**arly-**L**ife **E**xposome – novel tools for integrating early-life environmental exposures and child health across Europe

Study Protocol - Pregnancy Panel Study

V2, 7 March 2013



- A. Introduction
- B. Methods
 - 1) Overview
 - 2) Study population
 - 3) Health parameters
 - 4) Biological samples
 - 5) Exposure assessment
 - 6) Field work

LA FIESTA POR QUE SE CELEBRA
LA LLEGADA DE NUESTROS AMI-
GOS, ES MAGNIFICA... Y SI ASURAN-
GETURIX NO HUBIERA SUFRIDO UN
ACCIDENTE, HABRIA AL EMIZADO
LA VELADA CON SUS CANCIONES...

